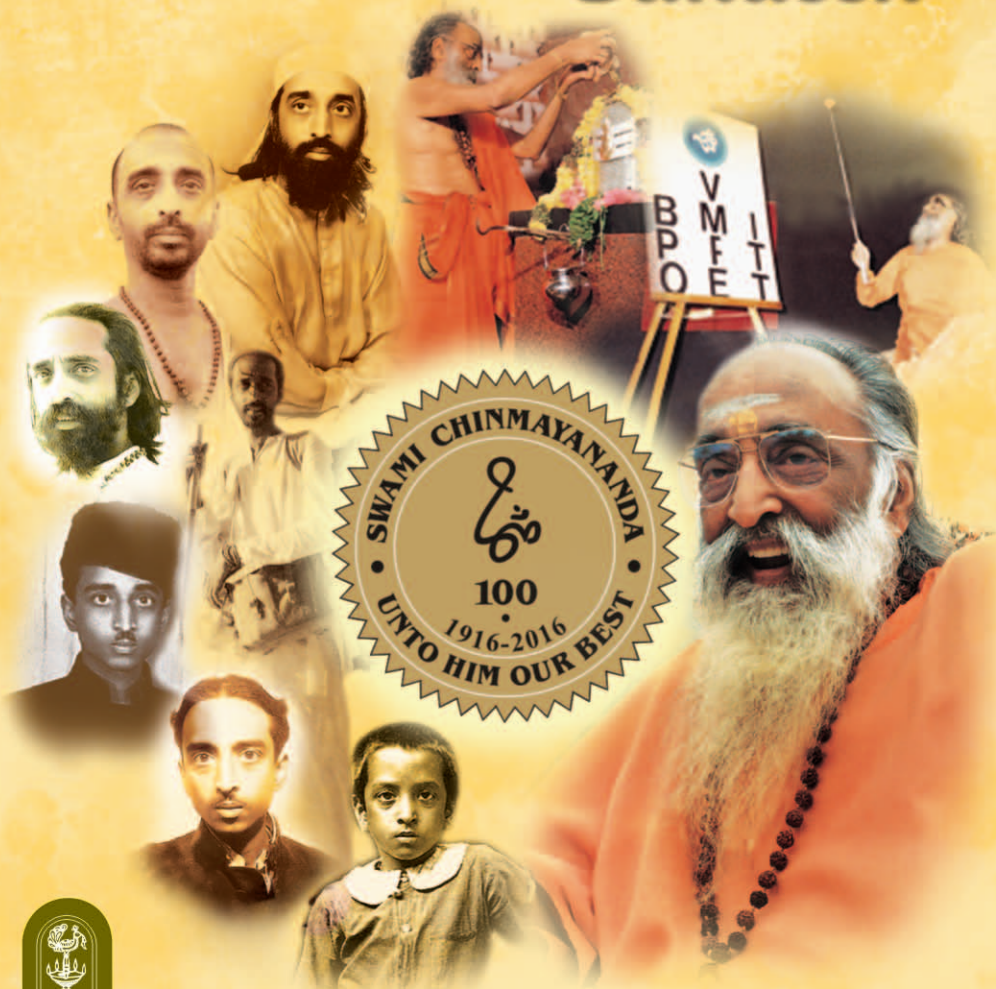


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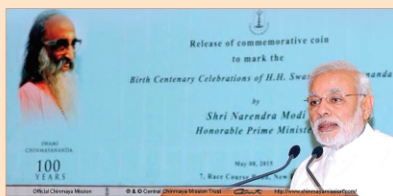


Chinmaya Sandesh



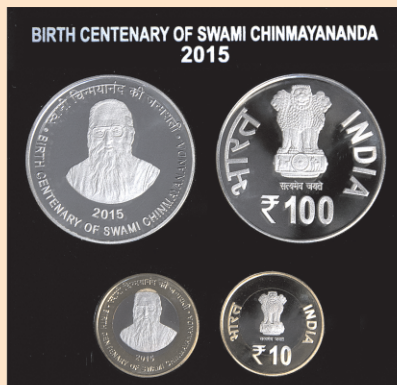
Monthly Newsletter of Chinmaya Mission, Mumbai
Chinmaya Sandesh - Lotus XXXXIII, Petal 6, 3rd & 4th June, 2015

Release of two commemorative coins by the Hon. Prime Minister Shri Narendra Modi on 8th May '15, as a recognition of Pujya Gurudev's life, work and vision



To listen to what the PM had to say about Pujya Gurudev log on <https://goo.gl/EAuq9j>

CBCC launch @
Ernakulam, Kerala



Flagging-off of Chinmaya Sandesh Vahini
for Chinmaya Jyoti Yatra by Pujya Guruji

Chinmaya Sandesh

June 2015 Spiritual Monthly Bulletin of Mumbai.

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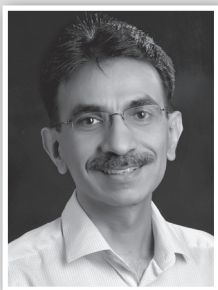
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www.chinmayakid.org

From the President's Desk



Om Shree Chinmaya Sadgurave
Namah!!

As 8th May is gone, we are now into the Birth Centenary Year of Pujya Gurudev.

This 8th May, the Chinmaya Birth Centenary Celebrations (CBCC) were launched in a Grand manner at various places all around the globe.

In Mumbai @ Sandeepany Sadhanalaya - Powai, the day started with the chanting of Kritagnata Stotram at the statue of Pujya Gurudev. This was followed by procession of Padukas of Pujya Gurudev.

There were talks by Acharyas expressing gratitude towards Pujya Gurudev. An interactive quiz on life and teaching of Pujya

Gurudev kept the young and the old involved.

The highlight of the event was the Samasthi Paduka Pooja which was performed by about 500 devotees.

Although there were a few discomforts due to May heat of Mumbai, but the level of inspiration expressed by everyone present was truly remarkable.

In Delhi, in the morning, at the Prime Minister's residence a special ceremony took place where the Prime Minister, Shri Narendra Modi released a commemorative coin of Rs.100 in honor of the centenary year of Pujya Gurudev.

PM in his address specially noted the immense work done by Pujya Gurudev, specially for the youth of India. He stated that in the days when the youth felt an inferiority complex in following our culture due to influence of foreign rule, Pujya Gurudev brought a spiritual renaissance giving correct direction to the youth.

It is expected that a Rs.10 currency coin on Pujya Gurudev shall be released in a few months. It is surely a matter of pride for all of us that the Government of India gave such an honoring tribute to Pujya Gurudev.

In Ernakulam, which is the birth place of Pujya Gurudev, the celebrations started from 6th May itself. Many celebrities attended various functions.

On 6th evening Ex-President Dr. A. P. J. Abdul Kalam graced the occasion and delivered an inspiring speech expressing his gratitude towards Pujya Gurudev.

On 8th evening, there was Valedictory Talk by Pujya Guruji where he gave a heartfelt tribute to Pujya Gurudev which must have brought tears in eyes of all of those watching live or on TV.

Finally the Chinmaya Jyot was lit by Pujya Guruji sharp at 7.30 pm which was then kept in the Chinmaya Sandesh Vahini. The Vahini was then flagged off which will now move across the country for 238 days, covering approximately 20000 kms across 150 mission centers.

Chinmaya Mission Mumbai has arranged for TV Telecast of Talks by Pujya Gurudev on Holy Geeta from 8th May. This will happen on Bhakti-Sagar TV Channel (not on DTH) from 7.30 am to 8.00 am every Monday to Friday and on Sri Sankara TV (available on DTH) from 8.30 pm to 9.00 pm every Monday to Thursday.

These are “Must Watch” programs, because where else will you get the chance to watch lectures of Pujya Gurudev one of the greatest Geetacharya of our times?

Let us now gear up for various projects, programs and events of the centenary year. Yes, it is now our turn to offer our best to Pujya Gurudev by offering our Seva of Tan (by becoming volunteer for a program), Man (by helping in planning of various events) & Dhan (by offering donation for the noble cause) at His lotus feet.

**“UNTO HIM
OUR BEST”**

Mukul Patel

President

Chinmaya Mission Mumbai.

Chinmaya Chintan

The Path of Action

Swami Chinmayananda



As infants, we respond to sensations. If we are uncomfortable, we cry; if we are comfortable, we smile. As the infant develops a little more, it begins to show more impulsive actions. It grabs for things. Gradually, self-centered behavior and aggressive action are weaned and educated away. As the child grows and learns, he begins to recognize his own selfishness and how impulsive behavior doesn't always pay. At this stage the child becomes either less self-centered, more covert, or both. With oncoming maturity, the child finds that his instincts can be directed and guided by rational intelligence and that actions can be refined to make

a contribution which will bring greater happiness to himself as well as to the society.

Technology develops, scientific investigations yield greater understanding, art and culture mature, morality and ethics come into being as we start analyzing and guiding our behavior for the benefit of society as a whole. This purposeful living we call work.

The hollowness of achievement

Politicians, economists, scientists, artists - all have contributed to the increased quality of human living standards, but they have also created new problems. We are now facing the realization that materialistic wealth, sense

The human being alone has the capacity to organize his or her thoughts, intelligently plan out all actions, and order the course of life into a splendid arrangement of meaningful statements and contributions for the society as a whole.

gratification, and physical beauty do not necessarily bring satisfaction in life. Achievements seem hollow. Life seems empty, meaningless, hopeless to many. People become cynical, bitter, confused and desperate, and turn in many directions for fulfillment. Something beyond materialism and comfort beckons us, and we are constantly aware that, with only one life to live, we'd better not waste it going the wrong way.

It is at this point that "the path of action" is offered as an alternative. We need not leave our jobs, homes, or families in search of fulfilment. We can't escape our problems by running

to the mountains. You can't leave your mind behind. The first time you stop running to catch your breath, your mind will catch up and you'll have to face yourself. It is not that we should avoid change or be satisfied with mediocrity, but we should learn to work hard wherever we are right now, without selfish motives or attachments, and be inspiring to others.

The very action in which you are now employed can be transformed into a process of self-unfoldment yielding joy and fulfillment in life. Work itself can become a process of self-growth. The circumstances we find ourselves in may present the exact challenges we need for our growth. They may offer the perfect opportunity to get beyond our limited concept of ourselves.

When we view life from our limited, separate, selfish notions of ourselves – deluded by our own sense of self-importance – the world looks chaotic and life is experienced as a struggle for survival. When all our efforts are only for our own selfish gains and sense gratifications, we feel no sense of purpose or contribution in our lives, and satisfaction is reduced to fleeting moments of pleasure.

A shift in attitude

A living organism cannot help but respond to its environment. The very response is its expression of life. Life is expressed as action – voluntary or involuntary, conscious or unconscious. Thinking, breathing, feeling, digestion, circulation – all are forms of activity. If all responses and action cease, the organism is dead. Without the animating life force within, we are inanimate matter. Minerals, Dust. So long as we live, we must either act or react in the world in order to survive. These obligations or requirements of living can be met with a healthy, inspired attitude which transforms them into opportunities.

“Acting in life” rather than “reacting to life” is a shift in attitude. Acting – initiating purposeful action toward a goal – is different from reacting, which might take the form of responding to or being affected by life’s circumstances, running from life’s challenges, or running for our own selfish interests and comforts.

The human being alone has the capacity to organize his or her thoughts, intelligently plan out all actions, and order the course of life into a splendid arrangement

of meaningful statements and contributions for the society as a whole. This is work – work which achieves great things while continuing to uncover and unfold the individual’s potential within. This is the path of action.

Whatever your work in life is, it can be converted into an inspiring challenge and an opportunity to confront and overcome your own personal obstacles to grow, your unique process of becoming more alive and enthusiastic, loving and giving. The situation you find yourself in is the appropriate place to start. Look for opportunities to serve others, and life will be inspiring. Engage yourself in activity. Be uplifted by the joy of contributing without selfish motives or attachments.

Work is unavoidable in life. Work we must. It is not a question of whether to work or not, but of how we may approach this aspect of living. Obligatory duties cannot be avoided. They are required of us as members of the family, the community, the nation, the human race.

And work need not be loathed as a burden. It not only gives purpose and expression to one’s life, but it also helps keep desire for sense pleasures at a rational

*Adversity makes
one resourceful and
strong when met with
the proper attitude.
Integrating and aligning
our heart (motives),
head (ideals), and
hands (actions) toward
an inspiring goal can
produce glorious results.*

level. Activity helps to overcome lethargy, idleness, loneliness and depression. When you get out of the house and sweat and toil for someone else, you feel inspired.

Selfish actions drain our vitality; selfless actions inspire us. Jump at the opportunity to serve others.

It is not the work itself which wears us down; it is the anxiety, tension, stress and strain from our personal attachments to the work and its results. But when we allow ourselves to get beyond our own self-interests and let ourselves be inspired by making a contribution for the sake of others, we find that our capacity to do more and better work increases. (Witness artists, political reformers, soldiers, and others.) It's not the type of work we do, but the attitude with which we

do it. Working for purely selfish motives often tires us before we get started, whereas selfless work seems to inspire our best efforts. The higher the goal, the greater the inspiration. Unimaginable amounts of strength, stamina, and energy arise in us in times of crises when we put our selfish ego aside. At other times, we can hardly pull ourselves out of bed to get through another day of work. We continually strive for less work and more pay, and still we aren't satisfied.

A selfless goal or vision can add new dynamism to our actions and lives. The reward is not money but a sense of joy, purpose, contribution, aliveness, and satisfaction which money can never buy. This renewed surge of positive energy can help us meet life's challenges with a healthy attitude and can transform our daily work into an environment conducive to personal development and growth. Adversity makes one resourceful and strong when met with the proper attitude. Integrating and aligning our heart (motives), head (ideals), and hands (actions) toward an inspiring goal can produce glorious results.

Source : Tapovan Prasad

- January 2001

Tejomayam

Vision for Happiness

Swami Tejomayananda



Life is nothing but a series of perceptions of and responses to the external world. Our response depends upon our vision and understanding of life and our value system. In the eighteenth chapter of the Bhagavad Geeta, Sri Krishna differentiates between the type of vision that leads to happiness and freedom and the kind that leads to bondage.

The noblest or sattvic vision of life is one by which we see the one indestructible Reality in all beings, irrespective of their names, qualities and characteristics. However, the world, viewed through our senses appears totally different; no two objects are identical. How is it possible to see the one Truth or the oneness of all beings? Just as

Remember, when we hate someone else, we actually hate ourselves, because that someone else is really not different from us. Take if from any standpoint – all bodies are made of five elements, hence the material cause of all is the same; the same life enlivens me as well as others.

electricity is the same in all bulbs, the same life, the same Truth, is shining in all beings.

The mediocre or rajasic vision is one by which we see all things and beings as different from each other. While making comparative studies, we say, "What is the difference between the Hindu religion and the Christian religion?" Now, when the attention is focused on differences, and numerous dissimilarities are detected, it moulds one's attitude towards other religions, cultures and countries in a negative way. A vision of oneness brings about integration and a vision of differences creates more and more divisions.

We see it happening all the time in our families and with people. It starts as a simple difference of opinion between husband and wife, friends or communities. Two brothers clash for a greater share in the property, forgetting that they belong to the same family. Once the vision of oneness is lost, differences are perceived which create conflicts, generating more and more likes and dislikes. Such a person neither lives in peace and joy, nor does he allow others to do so.

A tamasic vision is a very low kind of vision in which a person gets fanatically and exclusively attached to just one thing, or to one set of persons, experiences or

ideologies of the world. This little finite attachment is taken for the 'whole'. Some people are crazy and greedy over money, while others are fanatical about power or pleasures in life. When people give exclusive importance to just one of the many things of this world, even though they appear to be very successful in that particular field, their total life is not so good because everything else is neglected. A person with a tamasic vision can never live in peace and happiness.

In the life of a person with a sattvic vision, there is just one emotion that predominates and that is the emotion of pure love. It is a fact that from childhood onwards we have been told and taught, "Love all beings", if not all beings at least "Love thy neighbour." The word neighbor is not to be taken literally as the person living next door to you but all those who are close to you.

Unfortunately, most people neither know what love is, nor understand the meaning of it. Love is very different from what people generally perceive it to be. Just take the example of our body. Even though I see the many parts of the body, I have the vision, "In all these parts there is one Truth, that is myself, present everywhere

in all of them.” Therefore, I have equal love for every part of my body. There is no favouritism. I don’t say, “I will only look after my head when it is unwell, but if something happens to my foot, that’s not my problem!” I am ever ready to serve all the parts of my body with total dedication and love.

A vision of oneness develops love, readiness to serve all and thirdly, it creates an attitude of forgiveness – kshama. How many times have your teeth bitten your tongue while eating? Have you ever punished them? Has the thought of punishing your teeth ever crossed you? Or, by mistake, your finger hurts your eye; that

very same finger says, “I’m sorry,” and starts wiping the tears.

Remember, when we hate someone else, we actually hate ourselves, because that someone else is really not different from us. Take it from any standpoint – all bodies are made of five elements, hence the material cause of all is the same; the same life enlivens me as well as others. Where is the difference? Therefore who is hurting whom?

Just imagine a person whose heart is filled with this kind of love, compassion, forgiveness and kindness. What will the state of his mind be? Will he not be totally happy and free?

H. H. SWAMI TEJOMAYANANDAJI'S ITINERARY JUNE - 2015

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06 to 13 Jul, 15	Houston	+1 - 281 - 980 6010

Mumbai Acharya Manan

Sadhana

Swami Nirbhayananda



Sadhana or spiritual practice has become a fashion statement among the modern people today. Very many circuses are being followed in it's name. The word "sadhana" in Sanskrit means "an effort exercised towards the achieving a goal." In this sense, every effort is some kind of sadhana, because it leads to the achievement of some intended goal. Clarity of goal should precede before taking up any form of sadhana. If the goal is not clear, any means adopted to the goal will fall flat, like a huge structure raised on a weak foundation. Let each one of us put a question to our self, "What am I seeking in the end?"

It is not easy to think on to this path as our mind keeps oscillating

from one goal to another, but it is not impossible also. Think we never knew how to walk as a new born baby, haven't we mastered the art of walking. Now as we were to ask to write using left hand, with persistent effort the left hand muscles would become flexible and in time we can write using left hand also.

The ultimate aim of sadhana is to achieve complete happiness, but we have been moving from one object to another, one place to another, one person to another and endless is our search. Even the great Narada Maharshi was in search of Happiness, in spite of mastering all the sciences of the world. Arjuna having reached to the best level in his warfare was in search of happiness. Try if we can find anyone contented, happy in this materialistic world, everyone would be having a bit of sorrow to end his story. Sage Narada walked to Sanata Kumara seeking guidance to reach to complete happiness. Arjuna surrendered to Lord Krishna for

seeking the highest happiness. Both the teachers allowed the seeker to vent out all that what they knew and their thinking. The teachers having heard to the students said, “All that you have learned is a bundle of words, with no content inside. You have made your personality with a veneer of apparent knowledge, but you are quite different from that which you have gathered on your personality. The shirt is not the person and, therefore, your learning is not what you”

Our vasanas (desire) that the world of object, world of emotions & world of thoughts would bring happiness to us have become so strong that to think the other way has, as thou become impossible. So let us at least understand we are today functioning propelled by our vasanas. Please pause and think to proceed....

Vasanas are the root cause of all desire and action. Without desire none of us can also exist. Desire is the one that propels us to achieve anything in this world. So to reach to complete happiness also desire is necessary to start. The great Dattatreya Maharshi says in the very first verse of the Avadhuta Gita: isvaranugrahad-evapumsamadwaita-vasana; it is only due to blessings of the Lord

we would be able to have desire for Advaita. The strength to reach to the supreme happiness is not easily seen in people, it is indeed rare.


Let us analyze what is meant by vasanas. Vasanas are of 3 types, Sattvik, Rajasic and Tamasic. Action is the very signature of all type of vasanas. Over indulgence in anything is tamasic vasana. Kumbhakarna, Brother of Ravana is the classical example of Tamasic Vasana. Reaching to any extent to satisfy one's ego, pride, false prestige is Rajasic vasana. Duryodhana is the best example of Rajasic vasana. Sattvik vasana is the desire in knowing the lord, the lord within oneself. It is that desire which would make my path to complete happiness.



Rajas is necessary to bring oneself out of Tamas and Sattwa is necessary to bring oneself out of Rajas. Sadhana is establish oneself in sattwa and then to go beyond in to complete happiness.

To start one's sadhana one has to be ready to enter into the forest. Haven't we heard that the students went to learn from their guru's in the forest. The yogi's did tapas in the forest. Forest is the symbol of quietude, away from

the world of objects, emotions and thoughts. If you cannot go to a forest make a forest in your house. A room or a corner of a room where you can be temporarily away for the worldly distractions with a small altar of your lord. For achieving anything in this world also, we require to anchor on to something, so also in the field of sadhana. Do the abhisheka (Holy Bath) to the lord, do your mantra japa of your lord, chant the vedic mantras,

do the Vichara of these mantras as heard for the teachers, try to remain in this state alertfully, use techniques of pranayama and Japa using mala if getting distracted. Lastly serve the lord by serving the world around alertfully, diligently without the EGO that I am serving. As Pujya Gurudev says, 'May I be the Flute in the hand of the Flute bearer'. I am sure if we follow this, we will reach our own SELF, the state of complete happiness.




NEW RELEASE


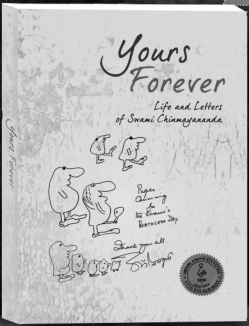
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Contact Chinmaya Vani
@ Mumbai Centres. Refer to Page # 4





॥ हरिः ॐ ॥

Tara Cultural Trust
Sandeepany Sadhanalaya, Powai

Pujya Guruji's Birthday
will be celebrated

on

Monday, 30th June, 2015
at **Jagadeeshwara Temple**

Programme :

5.30 am to 6.30 am - Ayushya Homa

6.30 pm to 8.30 pm

- Jagadeeshwara Aarti

- Bhajan Sandhya

- talk by Swami Bodhatmanandaji

- Gurudev Paduka Pooja

- Lunch Prasad Prasad

Sponsorships:

Yajman: Rs.5000 • Bhiksha : Rs.15000

All donations in favour of "Tara Cultural Trust"

All are invited to participate.

Mission News

Geeta Sevak Training Program

by Brni. Nidhi Chaitanya

(coordinator for Ghar Ghar Mein Geeta - 2015)

If you have been a study group / Vedanta Course sevak, or if you have completed CIF's Bhagawad Geeta Course, and are willing to be a Geeta Sevak, please REGISTER NOW.

Geeta Sevaks are expected to visit homes / offices / communities in their neighbourhood and conduct Ghar Ghar Mein Geeta sessions.

It is a 3 hour intensive training. You can register for ANY one of the following training locations as per your convenience.

7th June Sunday 3.00 pm to 6.00 pm

Venue : Chinmaya Priyam, 5, Jain Vihar,
Plot No.40, Swastik Society, NS Road No.3, Juhu

Contact: Swati - 9819904606

14th June Sunday 3.00 pm to 6.00 pm

Venue : Sandeepany Sadhanalaya, Powai

Contact: Swati - 9819904606

26th June Friday 10.00 am to 1.00 pm

Venue: Chinmaya Sagar, F3, Panchsheel Building,
C-Road, Churchgate

Contact: Anjali - 9967044556

PLEASE NOTE: Only Sevaks willing to go and conduct Ghar Ghar Mein Geeta Sessions may please register.

Shishuvihar Training Workshop

One day workshop for individuals aspiring to become Shishuvihar Sevikas

Chinmaya Mission Mumbai invites you to become part of the Shishuvihar program that introduces infants (0-2 years) and toddlers (2-5 years) alongwith their mothers/guardians, to cultural and spiritual education.

Currently, there are four Shishuvihar classes being held in Mumbai:

1.	Carmichael Road	0-2 year olds	by Roma Sanghavi
2.	Carmichael Road	2-5 year olds	by Roma Sanghavi
3.	Kurla (E)	2-5 year olds	by Rajeshkumari Acharya
4.	Parel (E)	2-5 year olds	by Bhavana Sarawal & Nalini Dinesh

There is a growing demand for Shishuvihar classes, and we invite you to attend this training workshop and join this initiative as teachers/sevikas.

Workshop details:

Saturday, 27th June 2015,
from 10.00 am to 4.00 pm (Lunch included)

Venue: Sandeepany Sadhanalaya, Next to Hotel Renaissance, Powai
Park Drive, Saki Vihar Road, Powai, Mumbai - 400 072

Workshop contribution:

Rs 250/-, includes sample kit and lunch

To register, please call Roma Sanghavi at 9820297889.

Please note that the requirement to undergo the training is that the trained individuals will be expected to start Shishuvihar classes under Chinmaya Mission.

JOIN THE CHINMAYA FORCE

Employment Opportunities in Chinmaya Mission, Mumbai

Office Manager (JOB CODE: CST100OM)

Office Hours: Monday - Saturday 10.00 am - 7.00 pm.

Office Location: Churchgate

Everyone does a job. We are offering you “joy” in the form of a job.

*We are looking for someone dynamic, inspired,
innovative for our Office in Churchgate.*

*The candidate must be an
impressive administrator and yet a loving team-player.*

*We need someone who is passionate to contribute to the noble vision and
work of Chinmaya Mission in an effective manner.*

*Basic knowledge of computers, great communication skills and sound
leadership abilities are essential.*

Along with your CV, send us your answer
(in minimum 5 and maximum 10 sentences) to the question:
Why I feel I can be a good Office Manager for Chinmaya Mission?

Graphic Designer (JOB CODE: CST100GD)

Office Hours: Monday - Saturday 10.00 am to 7.00 pm.

Office Location: Churchgate

If you like doing creative work, we have lot of work for you! Candidate must know to work on Corel, In-Design, Pagemaker, and all other design softwares and tools. You must also be able to work with tight deadlines. Volume of work will be high, and so will be the fun of doing it. Along with your CV, email us an interesting artwork for an A-4 size flier of Chinmaya Mission. Use your creativity. Content is not important. You can use images available on the internet for this.

Marketing Executive (JOB CODE: CST100ME)

Office Hours: Monday - Saturday 10.00 am - 7.00 pm.

Office Location: Churchgate

We are celebrating Chinmaya Birth Centenary Year. Go through other pages of Chinmaya Sandesh for all the info. But we want you to tell us how we can tell more people about us. If you are a Marketing person and have the passion to use your skills for something unique, here is your chance. We need innovative and practical thinkers on board. You can be a Management Graduate - fresh out of college, or a professional with "x" years of experience, or just an intern. We will look at your skill and passion more than your degrees and experiences. DO READ THE REST OF CHINMAYA SANDESH, and along with your CV, send us your 5 most innovative Marketing ideas for promoting Chinmaya Birth Centenary Celebration.

Please write to : ec.mumbaicm@gmail.com

PLEASE MENTION JOB CODE IN THE SUBJECT LINE.

**Prior background of Spirituality or Chinmaya Mission
NOT REQUIRED, but can be an added advantage.**

Hari Om. Hari Om. Hari Om.

Calling All Chinmaya Mission Members & Sandesh Readers

We have Launched Ghar Ghar Mein Geeta.

**We sincerely appeal to each of you to host at least ONE session of
Ghar Ghar Mein Geeta and support the vision.**

1008 SESSIONS HAVE TO HAPPEN.

COME FORWARD AND HOST 1.

See the next 2 pages for details.



Chinmaya Mission
welcomes you to



Ghar Ghar Mein Geeta ... *Living the Geeta Way of Life*

Programme (60 - 90 minutes only)

- Introduction
- Geeta-Video clip of
Swami Chinmayananda
- Discussion facilitated
by an Acharya/Sevak
- Q & A session
- Chinmaya Aarti or
Geeta Aarti (Optional)
- Conclusion

Special Offer:

Series of 18 Talks on 18 Chapters
on Geeta in 18 homes.
Which chapter are you hosting?

Donation:

The knowledge being invaluable
is not charged. Any donation to
support the spiritual, educational,
cultural and social service
programmes of Chinmaya
Mission Mumbai are welcome.
All donations are exempt from
section 80G of Income Tax Act.
Cheques to be made in favour of
'Chinmaya Seva Trust'.





Video-Clip Topics:

Essence of Karma-Yoga	- 40 mins.
Why Vegetarianism?	- 20 mins.
Vision for the Youth	- 20 mins.
Service Above Self	- 19 mins.
3 Gunas - Sattva/Rajas/Tamas	- 18 mins.
Self is Unborn	- 17 mins.
Introduction to 3 Paths of the Geeta	- 4 mins.
Why Surrender to a Guru?	- 11 mins.
Witness - they are in me, I am not in them	- 10 mins.
Equanimity in Life	- 8 mins.
Fortitude and Equanimity	- 7 mins.
Setting a High Goal	- 7 mins.

Chosen depending on time availability

List of more topics on which the clips of Poojya Gurudev are available will be updated on www.chinmayamissionmumbai.com

If you want an Acharya/Sevak to talk on a specific topic and don't want to do a video session, that is also fine.

Contact us

Dahisar - Kandivli:

Muraliji - 9221515431

Malad/Goregaon:

9869105775

Andheri(W), Juhu:

Swati - 9819904606

Santacruz, Parle, Bandra:

Pratibhaji - 9820602890,

Meenaji - 9223413586

Mahima, Dadar, Matunga,

Wadala, Sion:

Sunitha - 9930297647

South Mumbai:

Anjaliji

avj_1971@hotmail.com

Geetaji - 9820132442

Powai, Anderi (E),

Bhandup:

Yogeshji - 9769412643

Chembur - Ghatkopar:

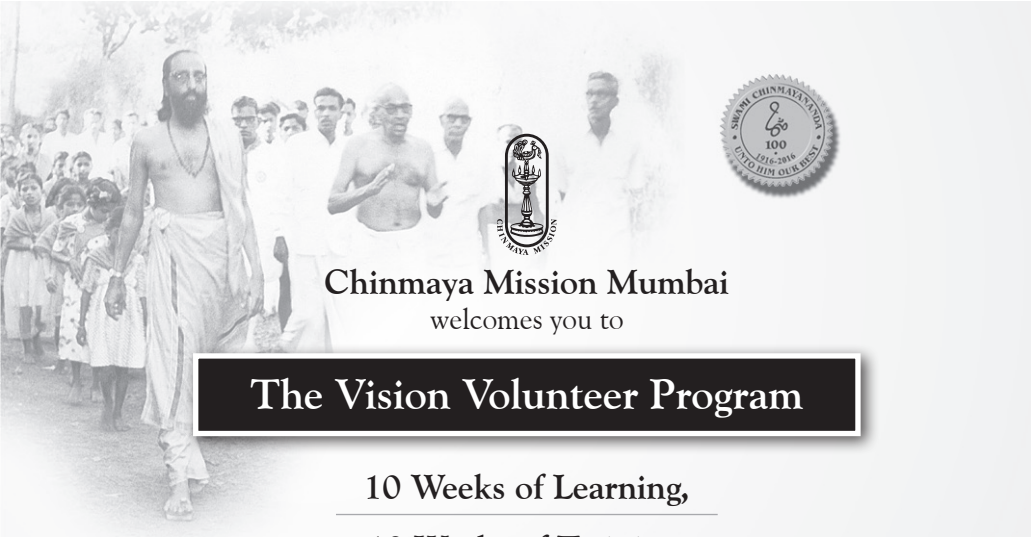
Shree Ram - 9967050172

Navi Mumbai:

Shantalaji - 9892628018

ggmg.mumbai@gmail.com





Chinmaya Mission Mumbai
welcomes you to

The Vision Volunteer Program

10 Weeks of Learning,

10 Weeks of Training,

1 Month of Selfless Service

■ **The Vision Volunteer Program:**

This is a 3 tier program for inspired individuals who have the courage of heart and the spirit of dedication to serve a greater cause and enrich themselves:

Eligibility : Commitment, Inspiration & Availability

Enrollments for the VISION VOLUNTEER PROGRAM will be based on screening of Application Forms followed by a personal interview.

Age Limit : Below 60 years

Faculty : Brni. Nidhi Chaitanya

Other speakers from the field of Management and Education will also address the participants as Guest Faculty.

■ **Program Details:**

Every Thursday 11.00 am -1.00 pm (Starting 16th July)

Venue : Chinmaya Priyam, 5, Jain Vihar, Swastik Society, NS Road No. 3, Juhu Scheme, Mumbai.

- **10 weeks of Learning:** Thorough understanding of the principles of Karma Yoga: including time-management, team-work, goal-setting, enhancing efficiency, etc through weekly classes.
- **10 weeks of Training:** Practical Training in application of the various principles of Karma Yoga through CBCC project planning and seva-work.
- **1 month of Selfless Service:** From 1st December 2015 - 1st January 2016, the Vision Volunteers will serve full-time as part of the official CBCC Team
- **Benefits:** Besides the personality-enrichment and inner growth, the participants who go through the entire program successfully will be awarded with a certificate and letter of appreciation stating their voluntary efforts and service contributions.



**TO KNOW MORE AND
TO SUBMIT YOUR APPLICATIONS,**
Call : 9819904606 / 9320286048

or send your applications by courier to:

Chinmaya Prakash, 401, Jupiter-A, 4th Cross Lane, Lokhandwala
Complex, Andheri West, Mumbai 400053.

PLEASE DO WRITE **“DROP”** ON THE ENVELOPE
WHILE SENDING THE COURIER.

Be a Vision Volunteer
LEARN. LIVE. SERVE. GIVE.



ॐ

आरती गुरुदेवांची

जय देव जय देव जय जय गुरुदेवा ।
प्रार्थितो आम्ही दे ज्ञानदेवा ॥

केरळ प्रांती तू अवतरलासी
आत्मज्ञान भुके काश्युत्तर जासी ।
गंगामाता तुजला दे स्फूर्ति ऐसी
विश्वाच्या कल्याणा भ्रमण तू करिशी ॥१॥

बालका संगे बालक होसी
युवकांच्यासाठी ऊर्जा तू असशी ।
भाविकजना प्रेमे तारीसी
जिज्ञासुंना ज्ञानमार्ग दाविशी ॥२॥

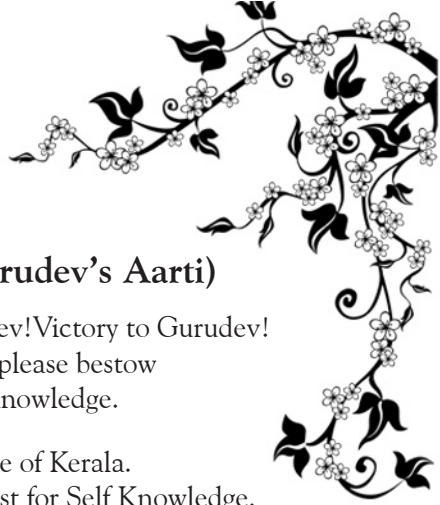


ज्ञानगंगेचा तू भगीरथ असशी
ज्ञानाचा हा वसा आम्हां तू देसी ।
सिद्धबाडी क्षेत्री समाधिस्थ होसी
अंतर्यामी रूपे हृदयी भाससी ॥३॥



कृपादृष्टीने आम्हा सर्वांसी
गौरवान्कित ह्या जगती करीसी ।
आम्ही चिन्मयसुत करितो प्रार्थना
द्यावी शक्ति आदर्श जीवन जगण्या ॥४॥

स्वामिनी निश्चलानंद



(Translation of Pujya Gurudev's Aarti)

Victory to Gurudev! Victory to Gurudev! Victory to Gurudev!
We fervently pray to you to please bestow
upon us the treasure of knowledge.

You incarnated in the state of Kerala.
You went to Uttarkashi with the thirst for Self Knowledge.
Mother Ganga inspired you
to travel far and wide for the welfare of the world.

You became a child with children and
the source of inspiration for the youth.
You lovingly guided the devotees to
cross the ocean of samsara and
showed the path of knowledge to the seekers.

You are the Bhagirath of the Ganga of knowledge.
You taught us to abide in this knowledge and
be torch bearers thereof.
You sought permanent abode in the holy place of Siddhabari.
But at the same time you always shine and
rule in the hearts of devotees.



Due to your grace, we are glorified in this world.
We, the children of Chinmaya pray to you
please grant us the strength to lead a life of an ideal vision.

- translated by Brni. Sandhya Chaitanya

The tune of this Aarti is
just like the popular Marathi Aarti of
Lord Ganesha, 'Sukhharta Dukhharta'.



Regular Sessions

by Yuvaveer Mathangi Raghavan

Vedic Chanting Class

Wednesday 3.00 pm to 4.00 pm • 17th June 2015

Venue: Chinmaya Sagar, Churchgate

Contact: Anjali - 9820068845

Bhajan Class for Chyks & Pre-Chyks

First Sunday of Every Month 10.30 am to 12.00 Noon

21st June 2015

Venue: Sandeepany Sadhanalaya, Powai

Contact: Aravind - 9619030879 • Tapan - 9920074776

Geeta Chanting Class - Chapter 15

Thursday 4.30 pm to 5.30 pm • 18th June 2015

Venue: Chinmaya Prakash, Lokhandwala

Contact: Swati - 9819904606

Geeta Chanting Class - Chapter 15

Wednesday 5.30 pm to 6.30 pm

17th June 2015

Venue: B-102, Panchmukhi, Panch Marg, Versova

Contact: Swati - 9819904606

Balavihar Class

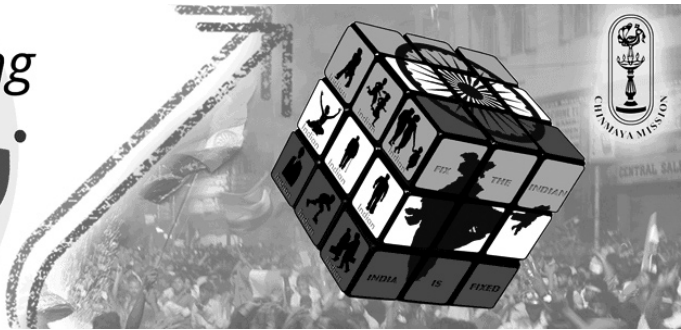
Tuesday 7.00 pm to 8.00 pm • 16th June 2015

Venue: Chinmaya Prakash, Lokhandwala

Contact: Swati - 9819904606

Transforming INDIANS to Transform INDIA

A Chinmaya Mission Initiative



TITI - iTransform Workshops In The Month Of March

On the 3rd of March, 2015, an efficacious corporate workshop on Intellectual transformation was conducted by our trainer Milind Sandhvi at one of the offices of the very eminent Jones Sang LaSalle (JLL India)-a professional services and investment management company specializing in real estate located at Peninsula Business Park, Lower Parel. It was attended by the senior managers, their team along with H R Head of the company. They appreciated the trainer and urged to do more sessions.



On the 7th of March, 2015, trainers Geetha Raghavan, Aravind Raghavan, Sanket Prabhu, Raj Ruparelia, Sriram Sankar & Deepak Khanna conducted three workshops

on Emotional transformation at Guru Nanak Mission School, Chakala organized by zonal coordinator as well as our trainer Sandhya Rajesh.



On the 9th of March, two workshops on Emotional level were conducted at BNCP College, Andheri by trainers Pooja Gupta (zonal coordinator) and Rakesh Gupta.

On the 10th and 11th of March, Trainers Sandhya Surve and Sudhir Kumar held two workshops on Emotional transformation at S.B.M. Polytechnic College, Vile Parle.

On the 10 of March, 2015, our acharya Swami Swatmanandaji conducted the 7th "Train the Trainers" workshops, this time mainly for the non Chinmaya mission members. He introduced the TITI movement to the new entrees as well trained them in the Emotional Transformation module.

On 11th and 12th March, 6 workshops on Intellectual and Universal transformation were conducted at Guru Nanak Mission School, Chakala. Trainers were Sandhya Rajesh, Abhay Patil, Geetha Raghavan, Aravind Raghavan, Ananya Goenka assisted by Sushmita Chandramouli. The students were given the certificate of participation as they had attended three levels of transformation.



On 14th March, trainers Aravind Raghavan and Sandhya Rajesh conducted two workshops on Emotional and Intellectual levels at Kapilaben Khandwala College, Juhu.

On the 15th of March, trainers Aravind and Geetha Raghavan conducted an Emotional transformation workshop for the residents of their society. By conducting workshop for a group belonging to various schools & housing societies, we feel we can reach out to many people this way.

On the 17th of March, 2015, another “Train the Trainers” training workshop on Intellectual Transformation was held for the

budding trainers at Chinmaya Sagar. Our Acharya Br. Nidhi Chaitanya trained them in this module.

Trainer Sandhya Surve conducted an Emotional transformation workshop in Hindi for the students of KES Shree M. M. Pupils Own High School, Khar on the 17th March.

Trainer CA Amar Shukla conducted a wonderful workshop on Emotional transformation for the teachers of Gopal Sharma ICSE School on the 24th March wherein the Principal also attended the entire session. She gave her valuable feedback on her understanding on the importance of Emotional transformation in today's time.

On the 24th Of March, our Acharya Br. Nidhi Chaitanya trained the trainers in Patriotic transformation module. It was overwhelming to see the trainers' devotion towards our country and their willingness to transform one own self to transform the Nation while Nidhi guided them how to be Patriotically Active.

- Compiled by Pooja Jain

My Transformation,
Transforms The Nation.
Unto Him Our Best,
Jai Hind!

Chinmaya Sagar Zone

(South Mumbai)

**Paduka Pooja on 15th April
@ Parag Shah's residence,
Walkeshwar in memory of his
mother Late Harshaben's 75th
Birthday**



Harshaben, an ardent devotee of Gurudev and Guruji since 1982, passed away a few months ago after battling an illness. Her son Parag Shah (Past CHYK secretary and Vice President-Chyk) and daughter-in-law, Jesal, hosted the Pooja in her memory, with her close family and friends in attendance who joined in the Samuh Paduka Pooja that was led by Smt. Varsha Dalal.

'Humein raston ki zaroorat nahi hain, Humein tere pairon ke nishaan mil gaye hain' - a song dedicated to Gurudev, was also rendered that fitted the occasion & that moistened the eyes of everyone present. The evening left the

invitees emotional considering the love that Harshaben left behind.

**"I'm spiritual" a talk series by
Swami Swatmananda @ INT-
Birla Center, Babulnath**



Over 8 sessions, Swamiji conducted a series of talks and was attended at an average of 25-40 people every session.

The topics covered by Swamiji lead to a systematic thought development from Spiritual way of life to Mindfulness/Stillness

The highlights of the talks were interactive sessions with movie clips, discussions, Q&A etc.

These talks were very well received and ended on a positive note.

Geeta Kothari



Sessions by Swami Swatmananda

Wise & Otherwise

Talks on Geeta Ch.3 - Karma Yoga

Geeta Power

Weekly Study of Geeta Verse-by-Verse

Since Swamiji is busy with some projects, there will be no sessions in June and July. Sessions will resume in August.

6th, 20th 27th Aug 2015 (Thurs) • 12.30 pm to 1.30 pm

Venue: Mrs Parul Bhammar, 18th Floor, Usha Kiran Bldg,
Charmaichel Road, Behind Jaslok Hospital,

Contact: 9820185255

Geeta In Practice

Monthly Sessions-Vision of Geeta in Power Capsules

Topic : Bhakt , Bhakti & Bhagavaan , Chapter 12

Since Swamiji is busy with some projects, there will be no sessions in June and July. Sessions will resume in August.

18th, 19th Aug 2015 (Tues - Wed) • 7.15 pm to 8.15 pm

Venue: Chinmaya Nursery, Behind Shalimar Hotel, Kemps Corner

For registration kindly send a SMS along with your full name on 8108043204

Upanishad Darshan (cont...)

(Taittiriya Upanishad)

Talks on Chapter 2 - Brahmananda Valli

Since Swamiji is busy with some projects, there will be no sessions in June and July. Sessions will resume in August.

4th, 5th, 6th, 7th, 8th (Tues - Sat) Aug. 2015 • 7.15am to 8.15am

Venue : Chinmaya Sagar, Panchsheel bldg., 'C' Road, Churchgate

Sessions by Swami Swatmananda (cont...)

“Silver Lining” - Monsoon Camp 2015

Text : Guru Paduka Stotram

*Mid-Week Camp for Study Groups
Devi Groups/Chinmaya Mission Members*

Wed., 15th July - 10.00 am to Thu., 16th July 2015 - 3.30 pm

Camp Highlights :

- Visit to Chinmaya Jeevan Darshan
- Bhajans (sung by campers) ● Aarti at Maruti and Ganesh Mandir
- Satsang by Swamiji ● Meditation ● Movie followed by Group Discussion
- Paduka Puja ● Games & Activities

Minimum Camp Donation per person (without transport) :
(early bird discount for **registration before the 10th of July**)

1200/- for triple occupancy

2000/- for double occupancy

2500/- for single occupancy

**(for registrations after the 10th of July,
there will be an additional donation of Rs. 500/-)**

Bus from Panchsheel to Kolwan and back has been arranged at Rs. 1000/- per person. Please intimate us in advance to reserve your seat.

At Chinmaya Vibhooti, Kolwan ● Contact : 98205 04696

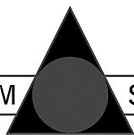


A well trained and controlled mind stands a man
in good-stead better than armies. It saves him
from cowardice as well as perils
- Swami Chinmayananda

“Bring your mind where your hands are”

- Swami Chinmayananda

TIMELESS WISDOM



STRATEGIC SKILLS

Chinmaya Mission, Mumbai

Invites you to

Integrated Leadership

An Interactive Corporate Workshop
with

MR. NIRAJ AMBANI

President - Group Logistics at Reliance Industries Limited

MR. SHYAM ROHRA

Leadership Coach & Consultant

MR. VENKAT K.

P&L Leader, Mentor

SWAMI SWATMANANDA

Acharya, Chinmaya Mission, Mumbai

Friday, 10th July, 2015

8:45 am to 4:45 pm

Hotel - Meluha The Fern

Central Ave, Hiranandani Gardens, Powai, Mumbai.

Minimum Suggested Donation:

Rs. 4,000/- per person | Rs. 5,000/- after 30th June



Please register early to avoid disappointment

Contact: Yogesh R. Basole - 9769 412 643

yogeshbasole@gmail.com

Integrated Leadership > Sum of all the Leadership Styles

Mr. Niraj Ambani

President - Group Logistics at Reliance Industries Ltd.

- Has steered to start up two businesses at Reliance Industries, one in Telematics for Reliance Infocomm and Reliance Logistics as a separate Business Initiative
- Represented Reliance Industries on the Planning Commission's 11th Five Year Plan's Logistics Working Group
- Was appointed as a Board Member (of the global board) of the Council of Supply Chain Management Professionals, from 2010 to 2012
- Education at Babson College - Jan. 1993 - July 1995 Wellesley, USA
Bachelor of Science (Finance Investment) Summa cum Laude



Mr. Shyam Rohra

Leadership Coach & Consultant

- Served pharmaceutical industry for thirty five years, of these twenty three years as CEO of Swiss, German and Israeli MNCs in India (Schweizerhall, Ratiopharm, Teva & Actavis)
- Chemical engineer from BHUIT, PGDM from IIM Ahmedabad, L.L.B. and PGDPLP. Has devoted his working life in building teams and organisations and promoting Indian pharma industry in international markets
- He has taught Business Ethics at Goa Institute of Management



Mr. Venkat K.

P&L Leader, Mentor

- Venkat has over 2 ½ decades of experience in leading Fortune 500 companies, his career spans across IT, Supply chain and distribution world
- He was the Chief Executive Officer at Grainger Industrial Supply India and was responsible for growing Grainger's presence and revenues in India
- Previous Sr. leadership roles were at Dessault Systems & Ingram Micro
- He holds a Masters degree in Business Administration from Bombay University, a refresher from INSEAD, France and a B.Tech degree from NIT, Warangal. Presently, he offers strategic consulting services to organizations and is an executive coach and mentor



Swami Swatmananda

Acharya, Chinmaya Mission, Mumbai

- Director-West Zone of all India Chinmaya Yuva Kendra
- Known for transformational talks on Vedanta, Bhagavad Gita & Upanishads
- Has addressed corporates like Reliance, Mahindras, Piramals, PWC, Tata Motors, Toyota, ICAI, etc.
- Holds Youth Camps, Management Workshops, Meditation sessions across India
- Uses Outdoor - Experimental - Learning methods
- [youtube.com/swamiswaatmananda](https://www.youtube.com/swamiswaatmananda)
- [facebook.com/swatmananda](https://www.facebook.com/swatmananda)
- notesnmusings.blogspot.in
- swatmananda.podomatic.com



To offer Sponsorship-Donations or Host a similar event exclusively for your organisation, write to: Chinmaya Sagar
F3 Panchsheel Ground Floor, C Road, Churchgate, Mumbai-400 020
chinmaya.sagar12@gmail.com

Our motto: To give maximum happiness to maximum number of people for maximum time

Success and Beyond

An Interactive Corporate Workshop
with

MR. AJAY PIRAMAL
Chairman, Piramal Group

MR. R. GOPALAKRISHNAN
Director, Tata Sons

SWAMI SWATMANANDA
Acharya, Chinmaya Mission, Mumbai

Saturday, 6th June 2015

9.30am to 4.30pm

Alhambra, Palladium Hotel, Lower Parel

Minimum Suggested Donation:

Rs 5000 per person

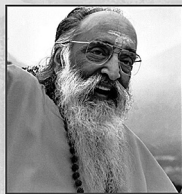
Rs 6000 (after 30thMay)

Please register early to avoid disappointment
9821141024 / 9819923516
abhashroff@hotmail.com



www.chinmayamission.com

Keeping in mind, the motto of Chinmaya Mission - **Maximum Happiness to Maximum People for Maximum Time**, we have planned various Projects, Programmes and Events to serve maximum people with the Knowledge of the Geeta & Vedanta, Hindu Culture, Glory of India. We invite you to join us in this journey of selfless service, devotion and Knowledge.



Chinmaya Pradeep

First of its kind, permanent outdoor Multimedia Exhibition on

Poojya Gurudev's life, in Powai, Mumbai
(Based on Kritajnataa - Gratitude,
by Poojya Gururji Swami Tejomananda)



New Chinmaya Mission Centres in Mumbai

To Serve Maximum People. Donors willing
to offer a place / donations are welcome.

Programmes (for the whole year)



Ghar Ghar Me Geeta

1008 Ghar Ghar Me Geeta Programmes
to be held. You can host one or more.



Chinmaya Memorial Lectures & Corporate Workshops

Chinmaya Memorial Lectures & Corporate
Workshops with eminent speakers from
Corporate & Spiritual world.



Camps

Children's Camps, Youth Camps
& Elders' Camps



Chant Geeta Enchant Krishna

International Geeta-Chanting Competition
on Chapter 15.

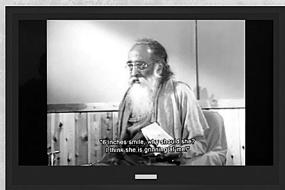
50,000 children to participate from Mumbai



Transforming Indians to Transform India (TITI)

Transforming Indians to Transform India.

1008 Interactive Workshops in Schools & Colleges
(Done FREE) / Societies / Corporates / for Parents etc.
by our Trainers on 7 levels of Personal Transformation.
The Vision is 'I Transform. India Transforms.'



Poojya Gurudev's Talks on TV

Chinmaya Geeta with Subtitles on TV



Full-scale Publicity & PR

Print / Social Media partnership for a large-scale awareness
of His Vision & Work



Projects

Events (December 2015)

1. Chinmaya-Ananda Utsav at Shanmukhananda Hall

A grand week-long celebration is planned from 13th to 20th December 2015.



SPIRIT OF INDIA
Concert by

Shankar Mahadevan

13th December 2015 (Sunday)
5.30 pm to 9.30 pm



GEETA FOR ALL
Non-Believers or Believers
Talks on Chapter 15 of Bhagawad Geeta
by Poojya Guruji

Swami Tejomayananda
14th to 18th December (Mon-Fri)

POOJYA GURUJI'S BHAJAN SANDHYA

19th December (Saturday)
7 pm to 8.30 pm



EMPOWER & EXCEL
Leadership Conclave with
Visionaries of India

19th December 2015 (Saturday)
9 am to 1 pm



GEETA UTSAV

A Tribute to the Bhagawad Geeta

20th December 2015 (Sunday)
10 am to 1 pm



JUST LIKE THAT

A Theatrical Offering by Mumbai
CHYKs based on Bhagawad Geeta

20th December 2015 (Sunday)
5 pm to 9 pm



2. Chinmaya Jyoti Yatra - Mumbai Phase

1. Flagged off on 8th May 2015 at Ernakulam - Birth place of Poojya Gurudev Swami Chinmayananda and culminate in Chinmaya Vibhooti on 31st December 2015
2. Chinmaya Sandesh-Vaahini - a Multimedia Mobile Exhibition with the message of Swami Chinmayananda & Geeta will travel across the nation.
3. Will cover 20,000 kms in 238 days, across 150 + Chinmaya Mission Centres
4. Last phase of 10 days will be in various zones of Mumbai from 21st to 30th December before heading to Chinmaya Vibhooti on 31st December 2015

An Appeal for Support

We seek your support and generous contributions to reach and enrich many lives through the above projects, programmes & events and serve the ever-increasing spiritual, educational and cultural needs in Greater Mumbai. Various avenues for Sponsorships / Donations are mentioned overleaf.

This is a once-in-a-lifetime opportunity and a privilege that we have to serve the society through HIS Centenary Celebrations. Let us all come together to offer a befitting tribute to Poojya Gurudev Swami Chinmayananda.

Chinmaya Birth Centenary Celebrations 2015-16

Donation Form

Please tick whatever you would like to support through donation.

1. CHINMAYA PRADEEP - First of its kind, permanent outdoor Multimedia Exhibition on Poojya Gurudev's life, in Powai, Mumbai (Based on 'Kritajnataa' - Gratitude by Poojya Guruji Swami Tejomayananda)

- | | |
|--|-------------------------------|
| <input type="checkbox"/> Chinmaya Pradeep Dvaar | Rs. 25 lakhs |
| <input type="checkbox"/> Sandeepany Sadhanalaya Exhibits | Rs. 20 lakhs |
| <input type="checkbox"/> Audio & Multimedia Softwares | Rs. 15 lakhs |
| <input type="checkbox"/> Poojya Gurudev's Exhibit | for one facet - Rs. 11 lakhs |
| (Chinmaya Pradeep depicts 5 facets of Poojya Gurudev: as a Sanyasi, Missionary, Teacher, Man of Perfection & Swami Chinmayananda.) | |
| <input type="checkbox"/> BMI Chart Exhibit | Rs. 5 lakhs |
| <input type="checkbox"/> Chinmaya Vision Pillar | Rs. 1 lakh each |
| <input type="checkbox"/> Kritajnataa Yajmaan | For one language - Rs. 1 lakh |
| (Rendition of Kritajnataa in Sanskrit, English & Hindi) | |
| <input type="checkbox"/> Kritajnataa Upa Yajman | Rs. 50,000 |
| <input type="checkbox"/> Chinmaya Bhakt Yajman (Devotees' Expression of Gratitude) | |
| - Any amount as per their devotion | |

2. SPIRIT OF INDIA

- A Soul-enriching Evening with Shankar Mahadevan on 13th

- | | |
|--|--------------|
| <input type="checkbox"/> Main Sponsor | Rs. 50 lakhs |
| <input type="checkbox"/> Co-sponsor | Rs. 35 lakhs |
| <input type="checkbox"/> Associate Sponsor | Rs. 20 lakhs |

3. EMPOWER & EXCEL

- Leadership Conclave with the Visionaries of India on 19th

- | | |
|--|-----------------------|
| <input type="checkbox"/> Main Sponsor | Rs. 30 lakhs |
| <input type="checkbox"/> Co-sponsor | Rs. 20 lakhs |
| <input type="checkbox"/> Associate Sponsor | Rs. 10 lakhs |
| <input type="checkbox"/> Student Sponsor | per student - Rs. 500 |

(College students will be given passes to attend the event)

4. GEETA FOR ALL - Non-Believers or Believers - 5 Evening Talks by Poojya Gururji Swami Tejomayananda on Bhagawad Geeta Ch.15

- | | |
|---|---------------|
| <input type="checkbox"/> Pramukh Yagna Yajmaan | Rs. 35 lakhs |
| <input type="checkbox"/> Sampoorna Yagna Yajmaan | Rs. 25 lakhs |
| <input type="checkbox"/> Sampoorna Yagna Upa-Yajmaan | Rs. 11 lakhs |
| <input type="checkbox"/> Dainik Yagna Yajmaan | Rs. 3 lakhs |
| <input type="checkbox"/> Geeta Doot Yajmaan | Rs. 5 lakhs |
| (FREE Bhagawad Geeta Distribution) | |
| <input type="checkbox"/> Gnana-Yatra Yajmaan (Facilitating the travel of seekers & devotees to attend the satsang) | Rs. 5 lakhs |
| <input type="checkbox"/> Annadaan (Dinner-pack for attendees travelling from far) | Rs. 2.5 lakhs |
| <input type="checkbox"/> Arati Yajmaan | Rs. 1 lakh |
| <input type="checkbox"/> Prasad Yajmaan | Rs. 30,000 |
| (3 days during the Yagna) | |
| <input type="checkbox"/> 20-seconds film screening (3 days during the Yagna) | Rs. 35,000 |
| <input type="checkbox"/> 10-seconds slide display (3 days during the Yagna) | Rs. 25,000 |
| <input type="checkbox"/> Samoohik Parayan Yajmaan | Rs. 11,000 |
| (On 20th December 2015, we will have Samuhik Geeta Parayan of selected chapters at Shanmukhananda all during Geeta Utsav. Samasti Sankalpa and blessings will be invoked on the Yajmaan.) | |
| <input type="checkbox"/> Purushottam Sankalpa Yajmaan - | Rs. 5000 |
| (Chant Ch. 15 everyday & offer Rs. 15 perday as dakshina) | |

5. Geeta Chanting Competitions

- | | |
|---|---------------------|
| <input type="checkbox"/> Main Sponsor | Rs. 20 lakhs |
| <input type="checkbox"/> Co- sponsor | Rs. 11 lakhs |
| (This will help us to subsidise the cost and conduct Geeta Chanting for more than 50,000 children @ Rs. 10 per child.) | |
| <input type="checkbox"/> Geeta Vidyarthi Yajmaan | per student Rs. 100 |
| (Sponsor the Geeta Chanting book and prizes etc. @ Rs. 100 per student for as many children as possible. Minimum 5 students preferred.) | |
| (min. 5 students) | |

6. Transforming Indians to Transform India (TITI) - You can sponsor workshops on Transformation along with FREE distribution of the TITI book for school & college students.

<input type="checkbox"/> TITI Main Sponsor	Rs. 25 lakhs
<input type="checkbox"/> Co-Sponsor	Rs. 15 lakhs
<input type="checkbox"/> Sponsor 7 workshops in an institution	Rs. 10,000
<input type="checkbox"/> Sponsor 5 workshops for an institution	Rs. 7000
<input type="checkbox"/> Sponsor 3 workshops for an institution	Rs. 3000
<input type="checkbox"/> Sponsor 1 workshop for an institution	Rs. 1500
<input type="checkbox"/> Sponsor book distribution (minimum 10 students)	per student Rs. 50 per book

You can sponsor for as many students as you like. CSR donations are also welcome for Transforming Indians to Transform India & Geeta Chanting Competitions from Corporate Companies under the category of Education.

7. TV Telecast of Poojya Gurudev's Episodes in Mumbai

<input type="checkbox"/> a. Sponsor 1 or more month(s)	per month	Rs. 15 lakhs
<input type="checkbox"/> b. Sponsor 1 or more week(s)	per week	Rs. 4 lakhs
<input type="checkbox"/> c. Sponsor 1 or more episode(s)	per episode	Rs. 50,000

8. Print-Publicity Sponsor

<input type="checkbox"/> a. Print-Partner Sponsorship for 3 months	Rs. 10 lakhs
<input type="checkbox"/> b. Print-Partner Sponsorship for 1 month	Rs. 5 lakhs
<input type="checkbox"/> c. Advertorials of Poojya Gurudev	per advertorial Rs. 50,000

9. A souvenir shall be released with invaluable inspirational material and 5000 copies will be distributed to all participants of the Chinmaya-Ananda Utsav (13th - 20th December 2015). Please support us by placing advertisements in our Souvenir.

<input type="checkbox"/> Souvenir Advertisement Options:	
<input type="checkbox"/> Inside Front Cover	Rs. 1 lakh
<input type="checkbox"/> Inside Back Cover	Rs. 1 lakh
<input type="checkbox"/> Centre Page	(colour) Rs. 50000
<input type="checkbox"/> Bookmark (both sides)	Rs. 50000
<input type="checkbox"/> Full Page Color Ad	Rs. 30000
<input type="checkbox"/> Half Page Color Ad	Rs. 20000

- | | |
|---|-----------|
| <input type="checkbox"/> Full Page B/W Ad | Rs. 15000 |
| <input type="checkbox"/> Half Page B/W Ad | Rs. 10000 |
| <input type="checkbox"/> 2-Liner Page Sponsorship | Rs. 5000 |

10. General Donation -

Any amount / monthly contribution _____ for _____ months

Corporate Sponsorship for any of the above is welcome. Appropriate publicity will be worked out for it. Cheques can be drawn in favor of 'Chinmaya Seva Trust.' All donations are exempt under Section 80G.

Date: _____

Name / Organisation: _____

Street Address: _____

Area: _____ City: _____ Pin: _____

Cell: _____

Tel: (R) _____ (O) _____

Email: _____

To ,

Chinmaya Seva Trust, F3, Panchsheel Bldg, 'C' Road, Churchgate,
Mumbai - 20. Tel: 22814646, 22884646

Dear Sir / Madam,

With reference to your appeal for Advertisement/Donation towards Chinmaya Centenary Celebrations we are sending herewith our contribution by Cash / Cheque No. _____ Dated _____

Drawn on _____ Bank _____

Branch in favor of 'Chinmaya Seva Trust' towards the following -

(Please mention which categories you would like to sponsor)

Yours faithfully,

Signature

Chinmaya Mahima Zone

(Mahim to Dadar and Sion to Parel)

A 3 day talk on “Sadhana Panchakam by Swamini Mangalanandaji @ Mahima Centre from 13th to 15th May

An average of 40 highly motivated seekers attended the lecture. The program began with the introduction of Swamini by Dr. Subhadha Purandare.

Swaminiji began the talks with a Bhajan followed by invocation. At the beginning a background of the birth and life of Bhagwan Adi Shankaracharya was given.



The first shloka which has Karmayoga as the essence was vividly explained.

On day two, Swaminiji elaborated on next two verses where the importance of Bhakti for the Lord and service to the Guru were emphasized - ‘It is the Guru who makes you established in Brahman’.

The four Mahavakyas were touched upon. Swaminiji emphasized that the role of the Sadhak is to reflect on these Mahavakyas and take refuge in the Upanishads.

On the concluding day, verses 4 and 5 were discussed. To rise above the BMI is the essence of the 4th verse and in the 5th verse solitude live joyously, exhaust the Prarabdha Karma and live absorbed in the attitude of ‘I am Brahman’.

Geeta Chanting Class for beginners by Sri. H. P. Ishwar

Every Monday and Thursday • 11.00 am - 12.00 noon

Venue: Flat # 505, Dosti Elite, A wing,
Near Sion Telephone Exchange, Sion East.

Contact: Smt. Vinita Acharya on 9821020403



Jnana Yagna by Swami Advaitananda

Morning Lectures on **Drg Drsyā Viveka** *in English*

8th to 12th September 2015 (Tuesday to Saturday)
7.00 am. to 8.00 am

Venue: Mysore Association, 383, Bhaudaji Road,
Matunga (East), Mumbai - 400 019.

Evening Lectures on **Geeta Jnana Yagna Ch. XIV** *in Hindi*

7th to 12th September 2015 (Monday to Saturday)
7.00 pm. to 8.30 pm.

Venue: SIES High School Hall, KA Subramaniam Road,
Near Kings Circle Station, Matunga (East),
Mumbai - 400019.

Geeta at a Glance by Brni. Nidhi Chaitanya

*A Bird's Eye-View of the 18 Chapters of the Bhagawad Geeta
through 20 sessions of total 40 hours.*

Learn the entire Geeta in just 9 months
on 1st & 3rd Saturday of every month • 6.30 pm - 8.00 pm

Venue: at Quest Foundation Wellness Centre, 188, 3rd Floor,
Gurukrupa Building, Jain Society, Next to Jain Temple, Sion (W).

Contact : Smt. Bina Sheth - 24081371 / 9870296633
Smt. Mangala Panchpakesan - 9892167138

Chinmaya Jayam Zone

(Bandra, Khar, Santacruz, Vile Parle)

Workshop on “Stress v/s Inspiration by Brni. Nidhi Chaitanya @ at National college, Bandra on 25th April

First Nidhiji explained the reasons of stress i.e. weakness within, lack of strength within, lack of clarity of thinking and purity of emotions. She further explained there should be unity in action and about performing one's role sincerely and how one must balance between stress and inspiration.

Ghar Ghar Mein Geeta @ residence of Sarla Desaiji on 26th February

Sarla Desai ex-study group member of Pratibhaji hosted GGMG on the 9th day of her husband's death.

Talks were on the Geeta describing about the death stages of 3 bodies i.e. the gross body, the subtle body and the causal body and about the Self and Krishna's teaching to Arjuna as to why should one not grieve on the death of a person.

On the 12th day of her husband's death i.e. on the 1st March a

Sampoorna Geeta Parayan was organized by Pratibhaji at her residence and a group of around 20 to 25 people attended the programme on both occasions which was followed by aarati and Prasad.

Sampurna Geeta Parayan on 28th April @ the residence of Chandrakala Marfatai, Bandra

The Parayan was held on the 10th day of Chandrakalaji's husband's death. Pratibhaji and Dilip Kotakji organized the Parayan.

Ghar Ghar Mein Geeta @ residence of Geeta Bhojwani on 29th April

GGMG was held in the memory of Geeta Bhojwani's husband who had expired in the month March.

Pratibhaji organised the programme beginning with chanting of 2nd and 15th chapter and followed by the talks on the essence of Bhagvad Geeta explaining Dharma, Swadharma, Sharnagathi, Ma suchah followed by bhajans and aarati.



Sessions by Swamini Krishnapriyananda

Guru Purnima Celebrations

Guru Paduka Puja, Bhajans & Guru Stotram

1st August 2015 • 4.30 to 6.30 pm Saturday

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited

Rudra Abhishek Shravan Somvar

7th September 2015 • 10.00 am. to 11.30 pm.

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited

Lectures And Meditation

Based Upon Kathopanishad

6.00 pm to 7.30 pm

Atma Va Are Shrotavyaha - 6th June 2015 Saturday

Atma Va Are Mantravyha - 4th July 2015 Saturday

Atma Va Are Nidhidhyasana - 8th August 2015 Saturday

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

All Are Cordially Invited



Comfort comes as a guest; lingers to
become the host; and stays to enslave us.

- Swami Chinmayananda



Sessions by Brni. Nidhi Chaitanya

The Spiritual Saturday Series

Think, Learn & Live Spirituality

6.30 pm to 8.30 pm

- | | | |
|---------------------------------|---|---------------------------|
| 13 th June 2015 | - | Religion v/s Spirituality |
| 11 th July 2015 | - | Guru v/s Teacher |
| 22 nd August 2015 | - | Ego v/s Confidence |
| 19 th September 2015 | - | Love v/s Detachment |
| 10 th October 2015 | - | Karma v/s Action |
| 31 st October 2015 | - | God v/s Truth |
| 21 st November 2015 | - | Meditation v/s Life |

***Sessions will Include Discussion, Quiz, Printed Notes,
Chanting, Guided Meditation, Games & Activities.***

*Suggested Donation to Support the Cause: Rs. 250 per session
(your contribution will help us meet the expenses of venue,
printing, study material, etc.)*

*Participants attending all 9 sessions will be
awarded special certificates &
become eligible for advanced studies*

Venue : National College, Linking Road, Bandra (W)
To register, contact : Meena Ruparel - 92234 13586

Chyk Class

by Br. Yukt Chaitanya

Every Sunday ● 9.00 am - 10.30 pm

Venue : Chinmaya Jayam, 101, West Avenue, Santacruz (W).

Contact : 92234 13586

Chinmaya Prakash Zone

(Andheri & Juhu)

Geeta Way of Life

Brni. Nidhi Chaitanya covered Chapter 7, 8, 9 from 7th to 12th April in Lokhandwala.

The important points communicated were

1. These chapters tell us about God, creation and the connect between the two.
2. Life and death depends on karma. Karma = action + doership + intention. Without doership and intention, it is kriya.
3. The world is a projection of our minds. Each of us creates our own world of likes, dislikes, pleasure, pain and thus we experience joys/ sorrows.
4. Passion (bhakti) and inspiration (gyana) both are necessary for success in any endeavour.
5. Spiritual failure is even more glorious than material success.

Geeta Darshan

Brni. Nidhi Chaitanya covered Chapter 5 from April 20th to 24th in Juhu.

The important points communicated were:

1. Arjuna is confused which path to take and asks Krishna to tell him one best path, because Krishna is praising renunciation of action (sanyas) and on other hand telling yoga of action is superior.
2. The six kinds of impurities in mind, namely - Desire, anger, greed, pride, jealousy, delusion are explained.
3. Steps to purify the mind are given - Do your duties, Renounce doer ship and become selfless, Mentally renounce attachment to all actions, Discipline mind with sadhana and upasana, and Control senses by avoiding pleasures.
4. Ignorance can't be cured by karma, it can be removed by knowledge. Karma is only for purification.



Sessions by Brni. Nidhi Chaitanya

Geeta Way of Life

Talks on Practical Tips from the Bhagawad Geeta in Lokhandwala

6.00 pm - 7.30 pm

23rd - 27th June 2015 (Tue - Sat) : Chapter 10 - 12

14th - 18th July 2015 (Tue - Sat) : Chapter 13 - 15

8th - 12th September 2015 (Tue - Sat) : Chapter 16 - 18

Attendance by Registration Only. Limited Seats. Enrol Soon.

Venue: Excellency Building Community Hall, 4th Cross Lane,
Lokhandwala Complex, Andheri West

Contact - 9320286048

or Write to: chinmayaprakash.andheri@gmail.com

Geeta Darshan

Monthly Talks on Bhagawad Geeta; Systematic word-by-word explanation of Bhagawad Geeta; Practical Tips on Application of Geeta in Daily Life; Detailed Study of all 18 Chapters of Bhagawad Geeta

11.00 am - 12.30 pm

15th - 19th June (Mon-Fri) ● 20th - 24th July (Mon-Fri)
17th to 21st August 2015 ● 5th to 9th October

Venue : Chinmaya Priyam, F5, Jain Vihar,
Swastik Society, NS Road # 3, Juhu Scheme.

Write to: chinmayaprakash.juhu@gmail.com
or Contact: Swati - 9819904606

Entry Free, but Attendance is by Registration Only.



Sessions by Brni. Nidhi Chaitanya

#inspirationXchange

Interactive Sessions for 25 - 45 year olds

based on The Holy Geeta

8.00 pm - 9.30 pm

Eligibility : 25 - 45 year olds only

- June 2nd Tuesday : What's our real problem in life?
- June 9th Tuesday : The Funda of Karma
- June 16th Tuesday : Selflessness in a Selfish World
- June 30th Tuesday : Attitude of Gratitude
- July 7th Tuesday : Reality of Renunciation
- July 14th Tuesday : Meditation & Life

Venue: Chinmaya Priyam, F5, Jain Vihar, Swastik Society,
NS Road#3, Juhu Scheme

Entry Free. but Participation by registration only.

Contact : Shraddha Dalal - 9819775061

or email us on chinmayaprakash.juhu@gmail.com

or register online: <http://goo.gl/forms/XnocWCZQB8>



Inspirations through Movies

(Interactive Sessions for 13 - 15 year olds)

Movie "October Sky"

21st June 2015 (Sunday) 3.00 pm - 6.00 pm

Movie "Karate Kid"

9th August 2015 (Sunday) 3.00 pm - 6.00 pm

Movie "Akeelah & the Bee"

15th November 2015 (Sunday) 3.00 pm - 6.00 pm

Contact : Swati - 9819904606 or write to chinmayaprakash.juhu@gmail.com

Entry Free. but Participation by registration only.

Sessions by Brni. Nidhi Chaitanya (cont...)

Fun with Ramayan

The Story Beyond the Story

Exciting Sessions on the meaning, symbolism and practical application of the great epic "Ramayana" for children of modern India

Eligibility: 9 - 12 years only

Every Sunday 10.00 am - 11.00 am

Venue: Chinmaya Priyam, 5, Jain Vihar Building,
Swastik Society, 3rd Road, Juhu Scheme

*to register, call Swati - 9819904606
or write to chinmayaprakash.juhu@gmail.com*

#iThink...

Series of Life-Transforming Interactions & Inspirations

Eligibility: 16 - 24 years only

- 3rd June (Wednesday) 7pm - 8pm : #iThink... HAPPINESS
10th June (Wednesday) 7pm - 8pm : #iThink... FREEDOM
17th June (Wednesday) 7pm - 8pm : #iThink... GOAL
1st July (Wednesday) 7pm - 8pm : #iThink... MIND
8th July (Wednesday) 7pm - 8pm : #iThink... CHANGE
22nd July (Wednesday) 7pm - 8pm : #iThink... DESTINY
29th July (Wednesday) 7pm - 8pm : #iThink... LOVE

Venue: Chinmaya Priyam, 5, Jain Vihar Building,
Swastik Society, 3rd Road, Juhu Scheme

*to register, Contact: Swati - 9819904606
or write to chinmayaprakash.juhu@gmail.com*



Sessions by Brni. Nidhi Chaitanya

Let's Catch Up!

A Talk on Life, Stress & Relationships...

23rd August 2015 (Sunday)

10.00 am to 11.30 am

Venue: Juhu Gymkhana, Plot No U/13, NF 13th Road,
Opp Juhu Bus Depot, JVPD Scheme, Juhu

Entry Free All Are Welcome

Contact: Swati - 9819904606

2-Year Certificate Course in Bhagawad Geeta

(Through Chinmaya International Foundation)

Sundays - 8.00 am - 10.00 am

(Starting on GEETA JAYANTI DAY - 11th December 2016)

*Contribution: Rs.5000 (This is not a tuition fees. It is a donation to
support the incidental expenses of the course)*

Eligibility:

Candidate should have successfully completed the
1-year Foundation Vedanta Course(FVC).

It is compulsory to submit the FVC Certificate with the course registration form.

**Join an Upcoming Batch of the 1-Year Foundation Vedanta
Course & Get Ready for Geeta!**

Venue: Chinmaya Priyam, 5, Jain Vihar, Plot No. 40,
Swastik Society, NS Road #3, Juhu Scheme

Sessions by Brni. Nidhi Chaitanya(cont...)

Dip-in-Scrip 2015

3-DAY NON-RESIDENTIAL COURSE
Based on Adi Shankaracharya's Bhaja Govindam

Part 1 - 25th July Saturday - Examining Life

Part 2 - 3rd Oct. Saturday - Managing Priorities

Part 3 - 7th Nov. Saturday - Spiritual Practices For Daily Life

7.00 am - 5.30 pm

Venue: Juhu

07.00 am - 08.30 am	-	SESSION 1
08.30 am - 09.15 am	-	Breakfast Break
09.15 am - 10.45 am	-	SESSION 2
11.00 am - 12.30 pm	-	SESSION 3
12.30 pm - 01.15 pm	-	Lunch Break
02.00 pm - 03.30 pm	-	SESSION 4
03.15 pm - 04.15 pm	-	SESSION 5
04.15 pm - 04.30 pm	-	Tea Break
04.30 pm - 05.30 pm	-	SESSION 5

Suggested Donations:

Rs.1500 per head, per day

Rs.3000 per head for combined registration for all 3 days

(to support logistic expenses such as cost of Venue, food, study material, etc)

To Register, Contact : Swati - 9819904606
Or Write to: chinmayaprakash.juhu@gmail.com



Sessions by Swami Swatmananda

Being Consistent in Daily Life

4th June 2015 (Thursday) 7.00 pm - 8.30 pm

Venue: Juhu Gymkhana, Plot No U/13, NF 13th Road,
Opp Juhu Bus Depot, JVPD Scheme, Juhu

Entry Free ● All are welcome ● Contact Swati : 9819904606

Making Meditation a Way of Life

18th July 2015 (Saturday) 11.00 am - 12.30 pm

Venue: Juhu Gymkhana, Plot No U/13, NF 13th Road,
Opp Juhu Bus Depot, JVPD Scheme, Juhu

Entry Free ● All are welcome ● Contact Swati : 9819904606

Managing Irritability & Anger

Date: 9th July 2015 (Thursday) 7.00 pm - 8.30 pm

Venue: Oberoi Springs Banquet Hall, Oberoi Springs Building,
Opp Citi Mall, Off Link Road, Andheri West

Entry Free ● All are welcome ● Contact Swati : 9819904606

Making Right Decisions

Date: 5th August 2015 (Wednesday) 7.00 pm - 8.30 pm

Venue: Oberoi Springs Banquet Hall, Oberoi Springs Building,
Opp Citi Mall, Off Link Road, Andheri West

Entry Free ● All are welcome ● Contact Swati : 9819904606

Thinkathon Series

Regular Satsangs on Geeta - June 2015

Don't Miss these Inspiring Sessions on Bhagawad Geeta this month!

Date	Day	Topic	Venue
1 st July	Wednesday	Power of Goodness	Lokhandwala
2 nd July	Thursday	Power of Action	Juhu
4 th July	Saturday	Power of Right Thinking	Lokhandwala
5 th July	Sunday	Power of Knowledge	Lokhandwala
11 th July	Saturday	Power of Service	Versova
12 th July	Sunday	Power of Calmness	Lokhandwala
19 th July	Sunday	Power of Desire	Lokhandwala
26 th July	Sunday	Power of Efficiency	Lokhandwala
19 th July	Wednesday	Power of Acceptance	Juhu

Our Team of Speakers:

Chitra Vora, Navin Naulakha,
R.S Moorthy, Subhash Naulakha, Sudesh Puthran,
Sunanda Pal, Swati Chitalia, Vivek Bathija

Entry Free. All Are Welcome.

*To know exact Venue & to Register,
Contact: Swati - 9819904606*

Interested Members can also host any of the above Thinkathon
Geeta Satsangs or block a date for a future month.
Call us for details.

Upcoming NEW Classes

Study Group IN HINDI on DHYANA YOGA

(Based on Chapter 6 of Bhagavad Geeta)

Sevak : Rajin Mital

Every Wednesday 5:30 pm - 7.00 pm

Venue : D4/604, Krishna Kaveri CHS, Yamuna Nagar, Lokhandwala

Contact: 9167231431

Geeta Chanting Class

on 15th Chapter of Bhagavad Geeta

Sevak : Meghna Patel

Every Monday 2.00 pm - 3.00 pm - STARTING 8th June

Venue: 703A, Silver Beach, Opp.Juhu Post Office,
AB Nair Road, Juhu

Contact: Swati - 9820462201

Youth Discussion Group Based

on Self-Unfoldment

(Eligibility : 18 - 28 years)

Sevak : Abhishek Dave

Every Sunday 11.00 am - 12.30 pm

Venue: 505A, Silver Beach, Opp.Juhu Post Office,
AB Nair Road, Juhu

Contact: 9892438002

Upcoming Batches of Foundation Vedanta Courses 2015

Sevak : Sri Advait Chitalia

Every Saturday - 9.30 am - 11.00 am

Starting : 4th July 2015

Sevak : Smt. Meghna Patel

Every Thursday - 1.00 am - 12.30 am

Starting : 7th July 2015

Venue for both above batches : Chinmaya Priyam, 5, Jain Vihar,
Plot No. 40, Swastik Society, N.S. Road No. - 3

Sevak : Smt. Anu Oberoi

Every Saturday - 8.00 am - 9.30 am

Starting : 25th July 2015

Sevak : Smt. Usha Munshi

Every Thursday - 7.00 pm-8.30 pm

Starting : 20th Aug. 2015

Venue for both above batches : Lokhandwala

Sevak : Sri Mukul Patel

Every Sunday - 11.00 am -12.30 pm

Starting : 12th July 2015

Venue : 703-A, Silver Beach Bldg., Opp. Juhu Post Office, A B Nair Road

Contribution : Rs. 3500 (*Towards Incidental Expenses of the Course*)

Highlights: Systematic Study of Vedanta, Regular Evaluations, Sanskrit Chanting, Printed Notes, Person Guidance by Trained Faculty, Spiritual Clarity, Personal Transformation

To join, Contact - Swati : 98199 04606 or
Email: chinmayaprakash.courses@gmail.com

Mind-Gym Based On Self-Unfoldment

(Eligibility : Corporate Executives below 60 years only)

Sevak : Rakesh Gupta

Every Thursday

5.30 pm - 7.00 pm

Starting 11th June

Venue: Chinmaya Priyam, 5, Jain Vihar, Plot#40, Swastik Society,
NS Road # 3, Juhu Scheme

Contact: 9821219508

Krishna-Sharanam

(Krishna Naam Japa & Sankirtan)

Sevak : Mamta Shah & Punita Chopra

Every Wednesday

4.00 pm - 5.00 pm

Venue: Chinmaya Priyam, 5, Jain Vihar, Plot#40,
Swastik Society, NS Road # 3, Juhu Scheme

Contact: 8424001011 • 9821113571

Swara to Ishwara

(Monthly Bhajan Session)

Sevak : Punita Chopra & Sashi Binani

One Saturday every month from

11.30 am - 12.30 pm

Session on 13th June and 18th July

Venue: Binani Bungalow, Near Tulip Star, Birla Lane, Juhu

Contact: Swati - 9819904606

Chinmaya Bhakti Zone

(Goregaon to Bhayandar)



Sessions by
Swami Nirbhayananda

ASK Your Acharya

Any Questions, Any Doubts or Clarifications
All will be Answered, Cleared & Clarified

12th & 26th June 2015

6.00 pm to 8.00 pm

Venue : 001/I-Wing, Ekta Bhoomi Garden, Next to Honda Centre,
Rajendra Nagar, Borivli (E), Mumbai - 400 066

Kaivalya Upanishd

For Spiritual Seekers

Every Thursday

4th, 11th, 18th & 15th June 2015,

6.30 pm to 7.30 pm

Venue : 001/I-Wing, Ekta Bhoomi Garden, Next to Honda Centre,
Rajendra Nagar, Borivli (E), Mumbai - 400 066

New Balvihar Session

Every Sunday @ 4.30 pm

Venue : 2A/5, Kesley Co-op Hsg. Soc. Ltd, Ram Nagar,
Borivili (W), Mumbai - 400 092.

Contact : Smt. Radha Nair - 9969368339



Chinmaya Mission Mumbai
Invites you to



Life is a Gift Living is an Art

(Talks in English based on Teachings from Bhagavat Geeta)

by **Swami Nirbhayanandaji**
(Acharya Chinmaya Mission Mumbai)

12 -14 JUNE 2015 • 7.30 - 9.00 pm

Venue

VIVEK VIDYALAYA

Sidharth Nagar, Goregoan (West), Mumbai - 400 104.



For Details: **9699618415 / 9867416223**



Sessions by Swami Nirbhayananda

Chinmaya Mission Mumbai
invites you to

Talks on

श्रीमद् भगवद्गीता

21st June 2015 Onwards

Every Sunday - 5.30pm - 7.30pm

**By,
Sw. Nirbhayanandaji**

Venue:

Chinmaya Bhakti,
I-1, Ekta Bhoomi Gardens,
Rajendra Ngr.,
Borivali(E).

All are Invited



- Om Lamps & Diyas
- Padukas
- Rudraksha beads & Japa Malas
- Om Pendants
- Photographs of Gurudev
- T-shirts
- CORD products and lots more...

Whatever we have
are HIS gifts...



Chinmaya
upahār
bringing blessings with gifts

Presents an entire range of Chinmaya Mission souvenirs



For more details and queries please contact us
Sandeepany Sadhanalaya, Saki Vihar road, Powai, Mumbai - 400 072
Email: enquiries@chinmayashish.com or Call: +91 22 2857 9525

Jagadeeshwara Zone

(Powai)

Seva Day observed on 10th May 2015

Every year Jagadeeshwara Zone celebrates Seva Day on 8th May i.e. Gurudev's birthday, but this year the seva-day was observed on 10th May because on 8th May the Chinmaya Birth Centenary Celebrations was being launched at Powai Ashram.

Keeping in mind that Devotion to the people is the devotion to the Lord. The preparations for seva day start a month before, by collecting small donations to purchase the food grains for 75 families in Bangurda village near Royal Palms, Aarey, Goregon and for the purchase of notebooks for the needy students of some schools in Powai and Marol.

On 10th May the devotees gathered at Powai Ashram at around 7.15 am near the statue of Puja Gurudev and chanted the Guru Stotram led by Acharya M.L.P. Rao. After the prayer all proceeded to the Bangurda village with materials like grocery packets, edible oil, sarees and usable clothes for the families.

All families & devotees gathered in the village chowk near the Hanuman temple where a few invocation prayers were chanted before the distribution.

The distribution was accompanied with chanting "Shree Chinmaya Sad Gurave Namah". The whole seva was over by 8.45 am.

-Dr. Prerna Shinde



Bhagawan Adi Sankaracharya's Birth Incarnation Celebration @ Sandeepany Sadhanalaya, Powai on 23rd April started with bhajans sung by students of the batch.

Swami Bodhatmanandji then explained the importance of celebration of the birth of Sankaracharyaji. He said, his teachings are remembered in our lives to express our gratitude and to spread the teachings within us and others.

His life was dedicated for the quest of Truth alone. He established sanatana dharma. He said Brahma (Consciousness) alone is real, the world is illusory. Sankaracharya's advaita is detailed in his magnum opus Brahma-Sutra Bhashya and in other masterpieces like Atma bodha and Vivekachudamani.

Sankarastotram, Totakashtakam and Rudram were chanted by the devotees.



Sessions by
by Swami Bodhatmananda
(Resident Acharya, 16th Vedanta Course)

Real “I” sation” (Knowing the real “I”)

(based on Adi Sankara's “Drg Drishya Viveka”)

Series of talks for 7 Sundays beginning Sunday 12th July 2015

10.30 to 11.30 am

Venue: Saraswati Nilayam, Sandeepany Sadhanalaya,
Chinmaya Mission's Powai Ashram,
Saki Vihar Road, Mumbai 400 072.

Contact Details:

Yogesh Basole - 9769412643

Ghanshyam Bhatia - 9820944337

Geetha Raghavan - 9820994972

Chinmaya Mission Churchgate - 22814646 / 22884646

Srama Pani - 9819368450

Prerna Shinde - 98251238

Powai Ashram-28570368

Chembur - Ghatkopar Zone

Bhagavad Geeta Yagna - Chapter 12 in Hindi & Dr. Drishya Viveka in English by Swami Advaitanandaji from 21st to 26th April @ Saraswati Vidhyalaya

The venue at Saraswati Vidyalaya was very well lighted and decorated. Around 150 regularly attended the talks.

Bhajans were rendered by balvihar children and other professionalsingerseveryevening. TITI workshop on Emotional Transformation together with waoksheets activity for mental concentration was done by Jayelekshmy Viswanathan, Shyamla Venugopal and Manisha Deole, which were very well received by the sadhaks.

Bonus satsang with swamiji during bhiksha helped sadhaks to get many of the doubts/misunderstandings clarified. The samashti Bhiksha was on 26th April.

All of us sadhaks are eagerly waiting for swamiji's next satsangh in Chembur area in the month of September.

Guru Paduka Pooja on 25th April 2015)

On Sunday, the morning talk was followed by a Guru Paduka Pooja and Bhiksha hosted by Smt. Neeta Vishwasrao. A group of 18 members of the Prasadji's study group and few yagna attendees came for the Pooja. The ritual was done wonderfully and systematically by Ramani uncle. The atmosphere bloomed to a joyous bhakti bhaava when Swamiji sang in his melodious voice, "Om Guru Om Guru SachidanandaGuru..." The pooja ended with Swamiji's blessings to all who attended

Balavihar Summer Camp in Kurla from 5th May to 8th May @ Kurla West

Balvihar Summer Camp was conducted in Kohinoor City, Kurla west from 5th May 2015 to 8th May 2015. The theme for this year was "Supreme God - Lord Krishna". 15 children participated in this camp where Bhajans, Stories, Quiz, Coloring and Bhagavad Geeta was taught to the children. The



theme song was “Krishnam Vande Nandakuram” followed by “Krishnatakam” and “Raath Shyam Sapne mein Aaye” song.

The children learnt all these new songs and enjoyed the melodious tunes giving details of Krishna’s achievements. Daily snacks and drinks were provided to the children who were happy to spend four days learning about God with fun elements.

On the last day, parents attended the camp and heard all children singing the new Bhajans in different groups. Parents and Children were given gift by senior members and the camp ended happily with the children grateful to the Didi Praba Iyengar for the wonderful time that they spent here.

Centenary Year Celebrations on 8th May

24 Sadhaks of the Bhagavad Geeta / Drg Drsya Viveka study

group led by Prasad Deoleji assembled early in the morning and travelled together in a bus to our Powai Ashram. Beautiful bhajans, rendered by our Chandrasekarji and followed by the sadhaks throughout the journey.

As we all know, we, the Chinmaya Mission family, are celebrating the Centenary year of our dear Pujya Gurudev Swami Chinmayanandaji, from 8th May 2015 to 8th May 2016. As a small token of our gratitude to the Great work done by Pujya Gurudev, let all of us of the Chembur-Ghatkopar Zone take a sankalp to have atleast one of the following program (if not all), just for One and an Half Hours, on any one day in this year.

Let us all come together and
make this
centenary year a very
memorable one.

*Unto HIM our Best
Hariom*



Hanuman Chalisa Chanting

(1-1/2 hour program covering Hanumanji's puja followed by 7 times chanting of Hanuman Chalisa).

*Contact : Mrs. Shyamla Acharya - 99300 01546
Sriram V - 99670 50172*

Bhagavad Gita Chanting

(All chapters, which should take about 6 Hours).

Contact: Mr. P B Someshwar - 99877 08182 / Mrs. Vatssala Ramchandran - 77384 36705/ Sriram V - 99670 50172)

Vedic Chanting

1-1/2 hour program covering Purusha Sookhtam,
Narayana Sookhtam, Durga Sookhtam,
Sri Sookhtam and Medha Sookhtam.

Contact : Mr. Ramani Mama - 99673 65899/ Sriram V- 99670 50172)

Bhagavad Gita Chanting

1-1/2 hour program, chanting Chapter 15,
followed by a 20 minute presentation of Gurudev's talk.

Contact : Mr. Prasad Deole - 98211 87608 / Sriram V - 99670 50172

Ghar Ghar Mein Geeta

1 hour program with Gurudev's talk on a selected
topic followed by discussions, as required.

Contact : Mr. Prasad Deole - 98211 87608 / Sriram V - 99670 50172

TITI Wokshops

1-1/2 hour Workshop on Physical, Emotional, Intellectual, Cultural,
Patriotic, Spiritual and Universal Transformation for High School
College students, parents and corporate.

*Contact : Mrs. Jayelekshmy Vishwanathan - 98208 90469
Mrs. Shyamla Venugopal - 98206 58898 / Sriram V. - 99670 50172*

Vivekachoodamani (New Devi Group)

In Raheja Acropolis, Deonar

(Every Monday, 11.30 am)

Sevakika - Meena Iyer

Venue : 1302, Atlantis, Raheja Acropolis, Chembur, Mumbai - 71

Contact - 9820028787

Bhagavad Gita, Chapter 4 (Study Class)

In Raheja Acropolis, Deonar

Every Friday, 4.00 pm

Sevakika - Meena Iyer

Venue : 1005, Apollo, Raheja Acropolis, Chembur, Mumbai -71.

Contact - 9820028787

Bhagavad Gita, Chapter 5 (Study Class)

(Every Sunday, 7.00 am)

By Prasad Deole

Venue : Saraswati Vidyalaya, 11th Road,
Near Chembur Post Office, Chembur, Mumbai 400071,

Contact : 99670 50172



Man is the roof and crown of Creation.
He may be tossed about by uncertain storms of life,
but the solution to it lies in his own efforts
in finding an IDEAL and then raising his
personality, from the level of petty emotions,
to the loftier heights of the chosen ideal.

- Swami Chinmayananda

Kindle Life

Sevak - C S Dinesh

Saturday, 6.00 pm

Venue: Chembur Center, A-103, Siddharth Residency,
P Y Thorat Marg, Chembur, Mumbai 400071

Contact: 9820464489

Bhagavad Gita - Chapter 4

Sevak - Meena Iyer

Friday, 4.00 pm

Venue: 1005, Apollo, Raheja Acropolis, Chembur, Mumbai - 400071

Contact: 9820028787

Bhagavad Gita - Chapter

Sevak - Murali Krishna

Thursday, 7.15 pm

Venue: Mahila Mandal Hall, Tata colony, Aziz baug, Mumbai - 74.

Contact: 9223327501

Bhagavad Gita - Chapter 5

Sevak -Prasad Deole

Sunday, 7.00 am

Venue: Saraswati Vidyalaya School, 15th Road, Chembur (W), Mumbai - 89

Contact: 9821187608

Drg Drsy Viveka

Sevak - Prasad Deole

Sunday - 9.00 am

Venue: Saraswati Vidyalaya School, 15th Road, Chembur (W), Mumbai - 89

Contact: 9821187608

Atma Bodh

Sevak - Prasad Deole

Monday, 7.00 pm

Venue: Vatsala Ramchandran, 5/86, Vanamali, Garodia Nagar, Ghatkopar

Contact: 9821187608

Taittiriya Upanishad

Sevak - Sailata

Monday - 6.00 pm

Venue: P. B. Someshwar, Munjal Nagar, Bldg - C,
Ground floor, Chembur, Mumbai - 400089

Contact: 9920373084

Atma Bodh

Sevak - Uncle Mani

Tuesday, 7 pm

Venue: Uncle Mani, Savitha Building, First floor, Pestom Sagar,
Road No 2, Chembur, Mumbai - 400089

Contact: 9967050172

Atmabodh (New Study Class)

Every Monday, 7.00 pm to 8.30 pm from 5th January 2015

by Prasad Deole

Venue : C/o. Mrs Vatsala Ramchandran,
5/86, Vanamali, Near Lions Club Garden /
P G Garodia School along Union Bank Mansi Medicals Lane,
Garodia Nagar, Ghatkopar • Res No 25065650)

For Further Details, Please Contact:

Mrs Vatsala Ramchandran - 7738436705 / Sriram - 9967050172

Interested Seekers may please send an SMS to 9967050172.

New Devi Group

Sevika: Smt. Meena Iyer

Every Thursday 4.00 pm to 5.30 pm

1005, Apollo, Raheja Acropolis, Deonar, Mumbai - 400088.

Contact: 9820028787

Text : Balvihar

Sevika: Vilasini Nair

Started on: 14th December - 2014

Sunday 6.00 pm - 7.30 pm

Venue: Kurla (E) • Contact : 9969424587

Kindle Life

Every Saturday, 6.00 pm in English

by C. S. Dinesh

Venue : Flat No 103, "A" Wing, Siddharth Residency,
P. Y. Thorat Marg, Adjacent to Chembur Railway Station (West),
Chembur (West), Mumbai - 89.

For Further Details, Please Contact:

C.S. Dinesh - 9820464489 • P. B. Someshwar - 9987708182

Sriram V. - 9967050172 • V. Narasimham - 9821016814

Email to chinmay.cgzone@gmail.com

A New Balvihar Class

for Age Group 8 to 12 years

on Tuesdays between 4. 45 pm to 6.15 pm

Venue : 32 / 503, HP Nagar (East),
Vashi Naka Chembur, Mumbai - 400 074.

Contact: 9820028787

Chinmaya Prerana Zone

(Navi Mumbai)

“Anger Management” - a School Talk by Br. Ved Chaitanya @ North Point School, Koperkhairne on 21st April

The talk was given to students of Std. 9th & 10th. The session was well attended by 270 students. It was an interactive session; where the students who were well known for their angry actions went on to tell their understanding about anger.

The solution for it was very nicely explained by Vedji with practical examples. There was a great transformation in the students which surprised the Principal. They have requested for regular lectures by Vedji in the school premises for both students & teachers.



A workshop on ‘Self confidence’ by Br. Ved Chaitanya for 10th Std students @ Chinmaya Prerna Centre on 23rd April 2015

The workshop was conducted as a part of their CCE curriculum (CBSE) in Chinmaya Prerana as per their request. Around 180 students attended the workshop. Vedji explained very nicely why self confidence is necessary, how can we develop it and the thin difference between self confidence and over confidence. Students and teachers were very excited and wanted to know more about it.

Vedji said to improve self confidence, the mantra is to -

- Appreciate oneself and others open heartedly



- Not to be a judge and start judging others
- To accept criticism; as only people who care and love you will do it
- To venture into new territories

‘Stress management’ - a one-day talk by Br. Ved Chaitanya @ Chinmaya Prerna.

The talk was given to 12th Std Science and Commerce students of Bal Bharati Public School, Kharghar.

Around 130 students with their teachers attended the session. Vedji explained the Stress from the Science point of view and Management from the commerce point of view. He also explained how memories of the past, anxieties/worries of the future and excitements in the present create the stress with various lively interactive examples. In

his unique and simple interactive style of engaging with his audience, Vedji enthralled all the students. Students’ questions never seemed to end, and as a result the workshop was extended for more than an hour. All the students are very eager to know more about our youth activities & join them. Teachers also felt that they would also require such workshops for them.

To reduce stress, the mantra is not to -

- Indulge in memories of the past
- Get excited in the present
- Worry about the future

Sampradayik Bhajan held at Chinmaya Prerana by Sethukaris Satish, Santosh & group on 10th May @ Chinmaya Prerna

The Chinmaya Birth Centenary Celebration commenced at Chinmaya Prerana with “Guru Vandana” - a Soulful rendering of Sampradayik Bhajan by Sethukaris Santosh and group on 10th May evening 7.00 pm to 9.00 pm at the Sanctum Sanctorum of Goddess Mahalakshmi.

Keeping in line with the famous South Indian tradition





of Sampradayik Bhajans, the program began with Rama Nama and Hari Narayana, followed by Thodaya Mangalam where all the Gods and Goddesses were invoked. This was followed by Kritis (songs) sung by great Sadgurus like Bodendra Swami. Sridhara Swami, Gyaneshwar Maharaj etc. The group also rendered lively Guru Bhajans as an offering to our Gurudev. The Maharashtra tradition was also touched upon by singing a couple of Abhangs.

The shower of music concluded with a song enumerating the merits of Satsang and demerits of Dussang (bad company) written by Mahatma Krishna Premi.

Both the Acharyas of the centre Swamini Swaprabhananda and Br. Ved Chaitanya blessed the singers and honoured them. Of course we were not only filled with shravana but also for the stomach with Mahaprasad.



To be patient means to suffer something that hinders or hurts us, and still retain our self-composure. How many difficulties, with their consequent unpleasantness and discord, could be smoothed over and almost entirely eliminated by patience. Patience always elevates and strengthens our character. We need patience not only with others, but also with ourselves.

- Swami Chinmayananda

HANUMAT AMRIT CAMP

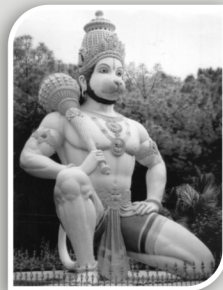
(Hindi)

AT CHINMAYA TAPOVAN ASHRAM,
SIDHBARI, HIMACHAL PRADESH

Camp Acharya: Swami Advaitanandaji
(Acharya, Chinmaya Vibhooti, Pune)

Date: 7th June, 2015 (4.00 pm to
12th June, 2015 1.00 pm)

Topic: Amrit Bindu Upanishad
Hanumat Charitra



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(WITH ATTACHED BATH)

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Tel: (01892) 234324, 236199

Email: ctthm@sancharnet.in

ctt@chinmayamission.com

Celebrating The Birth Centenary Year of
Parama Puja Gurudev Swami Chinmayanandaji

ALL MAHARASHTRA & GOA CAMP

(in Hindi, English & Marathi)

MANISHA PANCHAKAM

(in Hindi)

by Puja Guruji Swami Tejomayanandaji

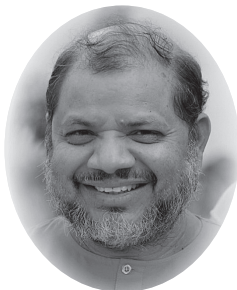
23rd to 28th February 2016 (Tuesday to Sunday)

Sw. Advaitananda

Ramayana

(in Marathi)

Total 51 Acharyas of
Maharashtra and Goa



Sw. Swatmananda

Guru Paduka Stotram

(in English)

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Survey Number 16, Wadgaon Shinde Road, Lohagaon, Pune - 411047

For On-Line Registration - www.chinmayamission.com/pune

cmpune@gmail.com +91-9975596394, +91-9881192859

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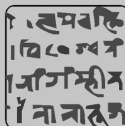
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Assisted by Brni. Anupama Chaitanya

Divine Days in the presence of

Pujya Guruji Swami Tejomayananda

(Head of Chinmaya Mission)

Venue: **Chinmaya Gardens, Coimbatore**

Dates: **16th July to 26th August 2015**

Course donation:

Rs. 11,000 per person
Rs. 9,000 (below 40 years)
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Co-ordinator
09360461566

Chinmaya Gardens,
Nallur Vayal Post,
Coimbatore - 641114
0422 - 2615637 / 2613493
chinmayagarden@gmail.com



Central Chinmaya Vanprasth Sansthan
Announces

Basic Camp on Art of Graceful Ageing

27th October to 4th November, 2015

Faculty:

- H. H. Swami Chaitanyanandaji from USA
- H. H. Swami Yogasthananda
 - Br. Nirvan Chaitanya
 - Dr. Sajjan Singh
 - Shri S.L. Agrawal
 - Smt. Maju Agrawal

Language: Hindi / English

Accommodation: *Four bedded ultra modern self contained rooms. 4 Nos. double bedded rooms also available and will be allotted to couples on first come first served basis.*

Eligibility: *Persons above 50 years of age irrespective of caste capable of understanding talks in Hindi.*

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Camp Expenses: *8500/- per person (Non Refundable) covers Board, Lodging, camp materials and travelling to and fro Ayodhyaji, Chitrakoot, Vindhyavasini Shaktipeeth, Varanasi, Triveni Sangam, Akshayavatam (subject to permission from Army) and important Temples in Allahabad.*

Write to The Secretary General Central Chinmaya Vanprasth Sansthan,
Rasulabad Ghat Road, Allahabad -211004

Mob.: 09415338124, 09026352728 ● Email : yogasthananda@
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A tribute unto Swami Chinmayananda.

An offering unto Bhagawad Geeta

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Reaching Gurudev to Maximum People,
Taking Geeta to Every Home,
Touching Every Life, Transforming Every Family



8th May 2014 - 8th May 2016

This is an exclusive tribute to Pujya Gurudev by members of the Chinmaya Prakash Zone. Hence this project is open only to members, attendees, volunteers of Chinmaya Prakash Zone.

To participate contact : 9320286048

Sanyas Deeksha Ceremony @ CIE, Kerala



From left to right - Swami Keshavananda, Swamini Atmikananda, Pujya Guruji, Swami Durgeshananda, Swami Atmehsananda, Swami Prananaanda and Swami Nirbhayananda

Launch of Chinmaya Birth Centenary Celebrations on 8th May @ Sandeepany Sadhanalaya, Powai



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